

OFFICIAL APPLICATION BOOK

SEPTEMBER 21 – OCTOBER 6, 2018 FOR PERSONS 50 YEARS OF AGE AND BETTER

JOIN US IN A CELEBRATION
OF LIFE AND WELLNESS

"Promoting Fitness and the Spirit of Competition - Winners All"

SPONSORED BY
THE CITY OF SAN BERNARDINO
PARKS, RECREATION AND
COMMUNITY SERVICES DEPARTMENT

&

Co-Sponsored By
The City of Fontana Community Services Department &
Loma Linda University Drayson Center









2018 INLAND EMPIRE SENIOR GAMES

PRESENTED BY:

CITY OF SAN BERNARDINO PARKS, RECREATION AND COMMUNITY SERVICES DEPARTMENT

CO - SPONSOR FONTANA COMMUNITY SENIOR CENTER (OPENING CEREMONIES)

&

LOMA LINDA UNIVERSITY DRAYSON CENTER (5K/10 WALK AND RUN & PICKLEBALL)

VENUE SPONSORS:
FIFTH STREET SENIOR CENTER
(HEALTH FAIR & CLOSING CEREMONIES)

SAN BERNARDINO

TOM SAWYER SWIM CENTER (SWIMMING) RIALTO

THE POOL CLUB (BILLIARDS TOURNAMENT) SAN BERNARDINO

PERRIS HILL PARK (HORSESHOES & TENNIS) SAN BERNARDINO

> EMPIRE BOWL (BOWLING) REDLANDS

JACK BULIK PARK (SOFTBALL) FONTANA

JESSIE TURNER COMMUNITY CENTER (HOTSHOT& BASKETBALL) FONTANA

> SHANDIN HILL GOLF COURSE (GOLF) SAN BERNARDINO

WHO TO CALL FOR MORE INFORMATION:

2018 Inland Empire Senior Games

LaKeisha Jackson, Coordinator Jackson_La@SBCity.org

Phone: (909) 384-5435/(909) 384-5436 Fax: (909) 889-0672 Cell: (909) 756-1132 www.SBCity.org/IESG

National Senior Games

2019 National Senior Games in Albuquerque, NM.

June 14 - 25, 2019

For more information, visit

www.nsga.org

California Senior Games Calendar

Annie Laskey, Designated Representative/Coordinator Pasadena Senior Games anniel@pasadenaseniorcenter.org (626) 685-6724

Kirsten Cummings, Designated Representative/Coordinator San Diego Senior Games Kirsten@SDSeniorGames.org

Leigh Galten, Designated Representative/Coordinator Sonoma Wine Country Games lgalten@councilonaging.com

Tracey Gott, Designated Representative/Coordinator San Jose Senior Games tracey.gott@sanjoseca.gov

Jeannie Greenwood, Designated Representative/Coordinator Visalia Senior Games Jeannie.Greenwood@visalia.city

Helen Mendel, Designated Representative/Coordinator
Bay Area Senior Games
hmendel@basoc.org

Ashley Fread, Designated Representative/Coordinator Palm Desert Senior Games and International Sports Festival <u>AFread@DRD.us.com</u> (760) 568-9697

GENERAL INFORMATION

ELIGIBILITY & AGE DIVISION

Any person age 50 years or better as of **December 31, 2018**, may participate in the 2018 Inland Empire Senior Games. Proof of age may be required. Age divisions are in five year increments: 50+, 55+, 60+, etc. There is no upper age limit. We reserve the right to cancel or combine age groups in the best interest of the participants. The age division for all doubles and team sports is determined by the age of the youngest player as of December 31, 2018.

RULES

All competition will be conducted in accordance with the rules established by each Sports Federation and as modified by the U.S. National Senior Sports Organization (USNSSO).

Medals will be awarded to the 1^{st} , 2^{nd} , & 3^{rd} place winners in each event for each division. The Venue Coordinator will present all awards at the completion of each event.

How to Enter

I. Fill out entry form or sign up via registration link at: https://apm.activecommunities.com/sbcity/Home.

- A. Insert and choose the sport of your choice.
- B. Select the events you would like to attend.
- C. Pay via cash or check (mail), or online.
 - i. Make checks payable to City of San Bernardino: IESG
- D. Registration Complete!!

Team Sports (Men's / Women's Basketball, Men's / Women's / Co-ed Softball) fill out and return the application, team entry form, waiver. No online registration. Individual forms MUST be submitted for each player. The team captain must submit all forms together with the appropriate registration, event, and/or team fees.

FEES

All fees cover administrative costs, t-shirts, awards, program guides, opening/closing ceremonies, gift bag, reception, and results book. IESG registration is only paid once. Event prices for specific activities are listed on the Schedule of Events.

TEAM REGISTRATION

For team sports (softball & basketball) the captain is responsible for collecting each team members individual entry form and payment. All entry forms, fees, and team roster should be submitted together by the team captain. A team will not be processed for competition until the individual entry forms, signed liability waiver, team entry form, team roster, and contribution for ALL team members are received. Deadline: September 21, 2018.

GENERAL INFORMATION

CONFIRMATION

For registrations received by September 14th, confirmation of entry application will be mailed to participants. This will include your individual schedule, details of special events, and a map to your sport venue(s). If you have not received your confirmation by September 14, 2018, please call (909) 384-5430. If you register after September 14th, your confirmation can be secured by phone or at your first event.

Novice

You do not need to be an expert to participate in the Senior Games. All activities are open to novices, and several events have separate divisions. Level of competition will vary from sport to sport.

REGISTRATION

Please sign in and pick up your packet at the Opening Ceremonies at the Fontana Community Senior Center, located at 16710 Ceres Ave, Fontana, CA 92335, 1:00 pm - 4:00 pm, on Friday, September 21st. After that, the registration desk will be open 8:00 am - 12:00 pm each day at the Fifth Street Senior Center. You should register and pick up your packet before your first event. If you are unable to pick up your packet during registration desk hours, you must pick up your packet at the venue of your first event (extra t-shirts \$15 at Registration Desk). Registrations will be accepted through September 21, 2018.

CHECK-IN

Athletes may pick up their t-shirt, goody bag, and official program at the Opening Ceremonies or at their first event check-in. Check-in for most sports will be a half-hour before competition. **No t-shirts will be mailed out.** Athletes will only receive one t-shirt and goody bag regardless of how many sports they enter.

EQUIPMENT

Participants are required to provide their own equipment for the events entered. Please be sure to mark your personal items and do not leave valuables unattended. The City of San Bernardino, and the other host facilities, are not responsible for the loss or damage of any athlete's personal equipment.

Sportsmanship/Conduct

Unsportsmanlike or disorderly conduct on the part of competitors or coaches will be grounds for immediate removal and disqualification from competition without a refund.

<u>Uniforms</u>

All athletes must wear athletic-type clothing and shoes customary for the sport(s) in which they are competing. Team sports require "like" color-and-style numbered uniforms. Clothing and shoes that are inappropriate may be grounds for disqualification. The games coordinator has authorization to make this determination. If you have any questions, please contact the coordinator at (909) 384-5430.

GENERAL INFORMATION

MEDICAL ASSISTANCE

Athletic trainers and/or physicians will be on site at most of the events. Emergency medical assistance will also be in place at most events. If you must be transported by ambulance, it will be at your own expense.

EVENT CANCELLATION/POSTPONEMENTS

In the event of inclement weather or unusual extenuating circumstances, games officials reserve the right to cancel or postpone outdoor events to a later time/date in the best interest of the participants. During the games, call games information (909) 384-5430 if the weather looks uncertain. The City of San Bernardino also reserves the right to cancel any event and to combine age divisions. Refer to the refund policy for refund information.

Entering More Than One Sport

Those entering more than one sport will only need to pay the IESG registration once and must be aware of possible conflicts in the schedule. No competition will be delayed to remedy an athlete's conflict in scheduling.

PROTEST POLICY

An athlete desiring to make a protest regarding any aspect of a competition shall do so to the venue coordinator at the time of event. Initial protests may be oral or written. If an oral protest is denied, a written protest may be submitted to the coordinator provided it is done within 24 hours of the circumstances causing the protest. The coordinator will evaluate the protest and render a decision. All decisions are final and not subject to further appeal.

REFUNDS

REFUNDS ARE PROCESSED ONLY FOR THOSE EVENTS CANCELED DUE TO INSUFFICIENT PARTICIPATION/REGISTRATION.



Opening Ceremonies

Event: Senior resource tables, pick up game information, venue location, and t-shirts.

Date: Friday, September 21, 2018 Time: 1:00 pm to 4:00 pm / FREE

Location:

Fontana Community Senior Center 16710 Ceres Ave Fontana, CA 92335

Coordinator: Tiffany Stark (909) 854-5151; Email: Tstarks@fontana.org

3-on-3 Basketball, Hotshot & Free Throw

Event: Men's & Women's

Date: Sunday, September 23, 2018

Location:

Jessie Turner Community Center 15556 Summit Ave. Fontana, CA 92335

3-on-3 Half Court Competition:

Age division will be determined by the age of the youngest team member. Each player must complete an individual entry form and sign the liability waiver. Teams must be the same gender. All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing personnel. Non-playing coaches/captains must sign the liability waiver. The number of entries per division will determine tournament format.

Check in: 7:30 am Start time: 8:00 am <u>Fee:\$150 Per Team</u>

<u>Basketball Only - no registration fee required</u>

Rules: Hotshot is a basketball shooting game where players each score points for making baskets from various locations throughout the basketball court. Double elimination tournament; however, number of entries will determine tournament format.

Fee:\$8 per person/per event

Free Throw: Four minutes is your limited time. You have three warm up shots, if desired. Twenty-five continuous shots. One point for each shot that is made.

Fee:\$8 per person/per event

Coordinator: Geneo Farrar (909) 349-6912; Email: gfarrar@fontana.org

5K/10K Walk or Run

Location:

Loma Linda University Drayson Center 25040 Stewart Street, Loma Linda, CA 92350 **Date:** Sunday, September 23, 2018

Event: 5K Walk or Run, 10K Walk or Run (5k = 12 laps, 10k = 24 laps)

Check In: 5:30 am Start Time: 6:00 am Fee: \$8 per person/per event

Rules: USA Track Rules apply. Individual medals to top three men and women in each age

division.

Coordinators: Linda Gomez (909) 499-4055; Email: Centre3@charter.net

LaKeisha Jackson (909) 756-1132; Email: Jackson_La@SBCity.org

Pickleball

Location:

Loma Linda University Drayson Center 25040 Stewart Street, Loma Linda, CA 92350 **Date:** Sunday, September 23, 2018

Event: Men's Single, Women Singles, Men's Doubles, Women's Doubles and Mixed

Doubles

Check In: 7:30 am Start Time 8:00 am Fee: \$10 per person/per event

Rules: Tournament format will be double elimination play with the first person/team

to win 2 out of 3.

For more information, call LaKeisha Jackson (909) 756-1132

Email: Jackson_La@SBCity.org

Golf: 18 Hole

Event: 18 Hole

Location:

Shandin Hills Golf Course San Bernardino, Ca 92405

Date: Monday, September 24, 2018 Time: 8 am - Check in / 9 am Tee Time

Format: Scratch \$80 per person (no registration fee required)

Rules: 18 Hole

Coordinators: Linda Gomez (909) 499-4055; Email: Centre3@charter.net

Softball

Event: Men's and Co-Ed Location: Jack Bulik Park

16581 Filbert Ave, Fontana, CA 92335

Date: Tuesday, September 25, 2018 Check in: 7:30 am Start: 8:15 am

Fee: \$150 Men's Division / \$150 Co-Ed Division (No Registration Fee)

Rules: Double Elimination Tournament. Number of registered teams will determine

tournament format.

Coordinator: Geneo Farrar (909) 349-6912; Email: gfarrar@fontana.org

Tennis

Event: Singles, Doubles, Mixed Doubles

Location:

Perris Hill Park

607 East Highland, San Bernardino, CA 92401

Saturday, September 29, 2018 **Check in:** 7:00 am **Time:** 7:30 am - 4:00 pm

Sunday, September 30, 2018 TBD By Saturday Games

Fee: \$8 per person/per event

Rules: Matches shall consist of two sets using regular scoring. If there is a tie at one set a piece, a 12-point tiebreaker will be used to determine the winner.

Coordinator: John Thau (909) 815-6101; Email: jkthau@msn.com

Swimming

Event: See Application for Event Listings

Location:

Tom Sawyer Swim Center

1243 South Riverside Ave, Rialto, 92376

Date: Sunday, September 30, 2018 Start Time: 1:00 pm Fee: \$8 per person/per event

Rules: Swimmers must provide their own suits, caps, goggles, towels, etc.

Coordinator: Jason Siegerma (909) 384-5233; Email: Siegersma_Ja@SBCity.org

Billiards

Event: 8-Ball Location:

Pool Club Bar & Grill

1946 South "E" Street, San Bernardino 92408

Date: Monday, October 1, 2018 Start Time: 3:00 pm Fee: \$8 per person

Rules: Tournament format will be based upon number of entries per division. An overall championship round will be played following the age division brackets.

Coordinator: Jack Gomez (909) 241-0141; Email: Centre3@charter.net

Horseshoes

Event: Open Location:

Perris Hill Horseshoe Pitts

780 East 21st Street, San Bernardino, CA 92401

Date: Tuesday, October 2, 2018 Start Time: 9:00 am Fee: \$8 per person/per event

Rules: 40 shoes Per Person; No Leaners; Ringer 3 points (Each player's rings cancel

points - Consecutive); Shoe within ONE shoe reach, closest gets one point.

Coordinators: Jack Gomez (909) 241-0141; Email: Centre3@charter.net

Bowling

Event: Singles, Doubles, Mixed Doubles (Men or Women)

Location:

Empire Bowl

940 W. Colton Ave, Redlands, CA 92374

Date: Wednesday, October 3, 2018 Check in: 8:30 am Singles: 9:00 am Double: 11:00 am Mixed: 1:00 pm

Fee: \$10 per person/per event

Rules: 3 games of American ten-pin. Athletes may compete with only one partner in each doubles event. Doubles partners must register individually. Divisions were doubles and mixed doubles is determined by the age of the youngest bowler.

Coordinators: LaKeisha Jackson (909) 384-5430; Email: Jackson_La@SBCity.org



2018 Inland Empire Senior Application Deadline: September 21, 2018 Male____ Female____

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Male or Females (Circle One)	D.O.B_	Ag	ge (As of 12/31/18):	T-Shirt Size:
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	Partner's	Name:			Age	
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		, ,				
SOFTBALL) \$150 Co-Ed		
	(each me	ember musi	t submit an ii	ndividual appl	lication & ent	ry fee)
BASKETBALL	(3-on-3)	Men's	(\$150 Fee	Per team) Wo	man (\$1	50 Fee Per team)
DASKETDALL				ndividual appl		
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HOTSHOT	Men's	(Fee) \$	8 Women's	(Fee) \$8	FREE THE	(Fee) \$8
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<u>GOLF</u>	\$80	(OPEN TC	JUKNAMEN	IT) (NO REGI	STRATION	FEE REQUIRED)
PICKLEBALL	Sinoles	Men's	(Fee) \$	10 or	Women's	(Fee) \$10
	Doubles	Men's	(Fee) \$	10 or	Women's	(Fee) \$10
	Partner's	Name:	(1 εε) ψ	10 01	Age	(1 00) \$10
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	Partner's	Name:		Age		
		(Each par	<u>ticipant must fill</u>	out a separate app	plication)	

2018 INLAND EMPIRE SENIOR GAMES

For		ssistance with registration, 4-5436 or (909) 772-1132.
Or Register Online at httm	aellanm aatirraaameerit	ios com/shoity/Home
•	h. Returned check fee is	\$26)
Attn: IESG Application	n Process	Date Received
2018 Inland Empire Se 600 West Fifth Street San Bernardino, CA 92		OFFICE USE ONLY Receipt # Staff Initial
Make check or money	order payable to City of	San Bernardino and mail to:
Total Enclosed		\$
# Dinner Da	ance tickets @ \$10 per per	rson \$
Trust Fund Donat	ion (Tax deductible)	\$
Team Entry Fee (1	registration not included)	\$
Event(s) Event(s) Event(s)		C
Registration Fee Event Fee		\$\$15
Venues Include: *On Site Refreshments *Personnel & Equipmen	*Officials & Score Keep t	ers *Scoring & Time Devices
Participant Registration *Game Shirt *Confirmation Packet *Emergency Medical	Includes: *Packet Pick-Up Party *Official Program *Medal	*One Complimentary Dinner Ticket *T-shirt *Goody Bag

GAMES FORM (PAGE 2)

2018 INLAND EMPIRE SENIOR GAMES

City of San Bernardino Waiver

PHOTO & FILM WAIVER: I hereby grant permission to the City of San Bernardino, it's employees, agents, officers, affiliates, elected officials, successors, and assigns (herein collectively referred to as "City"), the right, but not the obligation, to use my name, photograph, video, audio, likeness, voice, appearance, statement, biographical information, and any other personal characteristics as may be embodied in any visual images and/or audio sound supplied by me to, or taken of me by, the city and the Inland Empire Senior Games. I agree that the City owns the image and/or audio and all rights related to them without limitation. The images and/or audio maybe used in any and all matter of media without notifying me, for any purpose consistent with the City's publicity objectives. By signing below, I am at least 18 years of age, and am competent to sign this release. I have read the release before signing, I understand its contents, meaning and impact, and I freely accept the terms.

LIABILITY WAIVER: I, the undersigned participant, hereby agree to indemnify and hold harmless the organizers of the Inland Empire Senior Games (IESG), hereinafter sometimes referred to as sponsor, their agents, employees, and representatives and assigns, from any and all action or claims of whatsoever kind or nature which I or my representatives or assign may have or at any time in the future have due to any injury or property damage arising out of my participation in the IESG. I understand and agree that any dispute over injury or property damage caused by myself or another participant must be settled between the individuals. I warrant and represent the organizer that I have prepared myself for the event(s) which I have entered by practicing the same prior to my participation. I warrant and represent that I am in good physical health and condition; I am physically able to compete in the event(s), and know of no physical restriction whatsoever which would prohibit my participation on the IESG. I have been advised by the organizer that it would be in my best interest to consult a physician prior to my preparation for participation in this event. I recognize and understand that preparation and competition may necessitate strenuous physical activity and could possibly activate an unrecognized preexisting health conditions which I may have, thereby resulting in serious or life threatening physical harm to me. The organizer has my permission to have a physician treat me during my participation in the IESG.

EVENTS, VENUES SITES, AND TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

I have read this document, I und	lerstand it is a releas	se of all claims and	l I assume all risks
inherent in this event.			

WAIVER MUST BE COMPLETED PRIOR TO START OF TOURNAMENT

GAMES FORM (PAGE 3)

INLAND EMPIRE SENIOR GAMES OFFICIAL 2018 TEAM ENTRY FORM

COMPLETE ALL INFORMATION BELOW (FORM MAY BE DUPLICATED)
INDIVIDUAL ENTRY FORM MUST BE COMPLETED FOR EACH TEAM MEMBER
TEAM INFORMATION

TEAM NAME:		
CAPTAIN/COACH'S NAME:		
ADDRESS:		
CITY / STATE / ZIP:		
PHONE NUMBER:	AGE DIVISION:	TO

**FOR INFORMATION, CONTACT

Geneo Farrar (909) 349-6912; Email: gfarrar@fontana.org
FOR TEAM SPORTS, COMPLETE ALL INFORMATION (FRONT & BACK SIDES)
INDIVIDUAL ENTRY FORM MUST BE COMPLETED FOR EACH TEAM MEMBER.

INSTRUCTIONS & REGULATIONS

- 1. Age division will be determined by the age of the youngest team member. Proof of age may be required at event check-in.
- 2. Team Manager/Coach must complete and submit team roster, team entry form, individual entry forms, and fees all together.
- 3. Each player must complete an individual entry form and sign the liability waiver.
- 4. Athletes may compete in only one team per sport.
- 5. Team clothing must be of like design and color and should be numbered front and back.
- 6. Teams must have the following minimum number of players to start a game and are limited to the following maximum number of players on the roster. Roster changes can be made with the approval of the venue coordinator.

Softball: Men's – Minimum: 9, Maximum: 17 Basketball: Men's – Minimum: 3, Maximum: 9
Softball: Co-Ed – Minimum: 9, Maximum: 17 Basketball: Women's – Minimum: 3, Maximum: 9

- 7. All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing personnel. Non-playing coaches/captains must sign the liability waiver.
- 8. Tournament format will be determined by the number of entries per division.

Team registrations will not be processed until all forms (team & individual) and fees are received.



OFFICIAL 2018 TEAM ENTRY FORM INLAND EMPIRE SENIOR GAMES

PAGE 2

Circle your team's sport **Softball**

Men's \$150 Per Team

Basketball

Men's

\$150 Per Team

Co-Ed

\$150 Per Team

Women

\$150 Per Team

Name	Gender	Age	T-Shirt	City of Residence (include State)
1				
2				
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10				
11				
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13				
14				
15				

2018 Inland Empire Senior Games Presents



DATE: FRIDAY, OCTOBER 5, 2018

TIME: 9:00 AM - 1:00 PM

Come and learn how to live healthy today, for a better tomorrow

✓ Health Screenings

✓ Blood Pressure

✓ FREE Flu Shots

SENIOR CENTER

✓ Senior Resources

✓ Senior Nutrition Lunch

✓ Community Resources

✓ Food Distribution Raffle Prizes and MORE!!

Fifth Street Senior Center 600 West Fifth Street, San Bernardino, CA 92401 For More Information, Please Call (909) 384-5430



TAIL GATE PARTY & DANCE

Saturday, October 6, 2019 3:00 pm - 7:00 pm

Cost:

\$10 Per Ticket On or Before October 5th

\$15 Per Ticket Day of the Dance/At Door

LOCATION:

Fifth Street Senior Center 600 West Fifth Street San Bernardino, CA 92401

Come join us as we celebrate the Closing Ceremonies of the 2018 Inland Empire Senior Games.

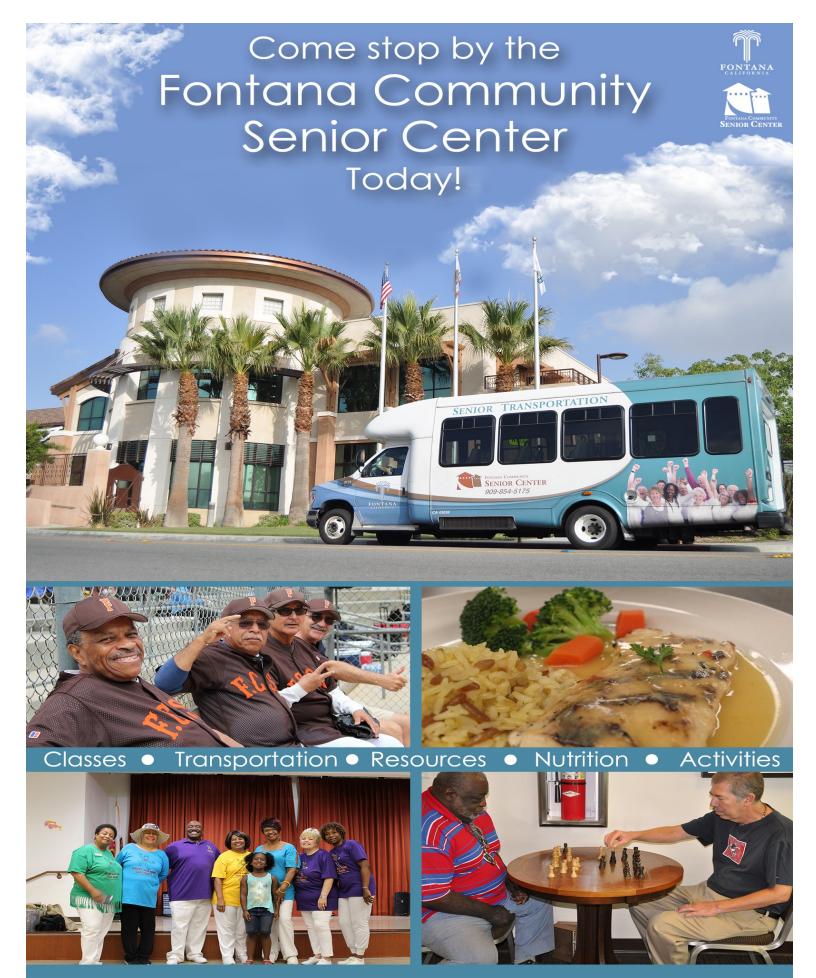
Enjoy A
Tail Gate Dinner,
Appetizers and Dessert

Music by Sal's Entertainment.

FOR MORE INFORMATION PLEASE CALL (909) 384-5430 or (909) 384-5436







Inland Empire Senior Games





......Winners All.











Inland Empire Senior Games 600 West Fifth Street San Bernardino, CA 92410 **001-380-0076-5175**