



**CALIFORNIA
SENIOR GAMES
CHAMPIONSHIPS
San Diego, CA**



2013 OFFICIAL RESULTS

THE CALIFORNIA SENIOR GAMES CHAMPIONSHIPS

Thank you for a very good year!

A very big Thank You goes out to our senior athletes who participated in our 2013 California Senior Games Championships. Over 1,900 senior athletes competed in 30 different sporting events, and you made it a big success. Senior athletes are an inspiration to all of us. Your participation as a senior shows us that living a healthy life style, fitness, and proper nutrition play a major roll in adding life to your years. Physical activity truly is one of the major keys to healthy aging.

During the games we have met people, made friends and created some long-lasting memories. Whether you were an opponent, teammate, or a fan cheering on the sidelines, you are all winners.

Next year, we are hosting the California Senior Games Championships again and winners qualify for a chance to go to Minneapolis, MN in 2015. Pasadena Senior Games will be hosting the Cycling and Shuffleboard events for these state games.

THANK YOU VOLUNTEERS

Thanks to our many volunteers, we were able to put on a variety of events. Many behind the scenes people made all this possible. Besides the commissioners there was a staff at the office keeping us on track every day. We know who you are, Thank You.

With some new promotional campaigns, we hope to increase the participation in the National sports, so many more California residents can qualify to go to Minneapolis, MN in 2015. Watch for our new fliers and posters throughout the City of San Diego.

The Monthly Healthy Life- Style Luncheons

On the 2nd Friday of each month we hold a Healthy Luncheon at the War Memorial Building in Balboa Park. We have new speakers with very interesting topics each month. These luncheons are sponsored by the San Diego Park & Rec and Car2Go and Souplantation. Come join us for only \$3.00 for lunch.

SDSGA Board of Directors 2013

Anne Rosser	Jim Campbell
Karen Brookfield	Brian Livesay
Jill Spitzer	Blaine Phipps
Brendan McMurtrie	Shasin Vora

www.sdseniorgames.org



GRAND | HYATT™

MANCHESTER GRAND HYATT SAN DIEGO IS PROUD TO SUPPORT SD SENIOR GAMES

Escape to waterfront views in the heart of San Diego. Enjoy newly renovated guestrooms, 2 roof top pools, a full service Kin Spa, complimentary fitness center and onsite activities incorporating tennis, basketball, bike rentals and Camp Hyatt for the kids. Indulge in a decadent breakfast buffet at our Lael's Restaurant and award-winning seafood and sushi at our bayfront, Sally's Seafood on the Water. Sit back and watch the game in our Redfield's Sports Bar or take in stunning bay and city views from our Top of the Hyatt lounge, 40 floors up.

Hyatt. *You're More Than Welcome.*

MANCHESTER GRAND HYATT SAN DIEGO

1 Market Place

San Diego, CA 92101

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CONGRATULATIONS

San Diego Senior Games Participants!



***PLAY SPORTS.
GET FIT.
KEEP IMPROVING.***

Proud Partners of the San Diego Senior Games Association

Senior athletes are redefining what it means to be a “senior.” They’re living, breathing, gold-medal winning examples of how “aging” can actually mean “improving.”

Senior athletes are living proof that life over 50 doesn’t have to be a crisis, it can be a metamorphosis. You can live life more fully, achieve your dreams, get into the best shape of your life, and do just about anything else your heart desires.

NSAA Members know it’s absolutely possible to get happier and healthier with age. They are part of an amazing community of people who inspire each other to play sports, get fit, and keep improving ... for life! We invite you to learn more and JOIN US.

www.SeniorSportsforLife.com



San Diego Senior Games Participants receive your first year of NSAA Membership FREE! For details, visit

www.SeniorSportsforLife.com/SDSGA



THE CITY OF SAN DIEGO

Park and Recreation Department, Senior Citizen Services



***Congratulations to all senior athletes!
You are all winners and we are proud to
support Senior Olympics!***

Everyone is welcome to join in on the fun . . .

Balboa Park Senior Lounge

Volunteer Opportunities

Senior Talent Show

Photography Contest

Storytelling Group

Poetry Party

Walking Group

Mah Jongg

Actor's Workshop

Out of town trips

Biweekly Dances

Craft Sale

Art Contest

Piano Notes

Deaf Seniors Club

Social Services

Daily "Are You O.K." Phone Calls

Information and Referral, including Free Legal Assistance and
Health Insurance Counseling & Advocacy Program

To receive our quarterly newsletter, *The Scroll*, call (619) 236-6905.

202 "C" St., MS 1-A, San Diego, CA 92101; www.sandiego.gov/seniorservices

"We Enrich Lives Through Quality Parks and Programs"

2013 RESULTS

ARCHERY



Commissioner: Rho Densmore

WOMEN'S – RECURVE SIGHTED

70-74

GOLD Mel Leach 647-4x

MEN'S – RECURVE SIGHTED

50-54

GOLD David Martin 729-3x

60-64

GOLD Ondrej Lewit 702-2x

SILVER W. Renshaw 627-1x

MEN'S – RECURVE BAREBOW

70-74

GOLD R. Worthington 484-3x

WOMEN'S – TRAD. RECURVE

45-49

GOLD Lisa Profeta 317-0x

50-54

GOLD Karen Fountain 304-0x

MEN'S – TRAD. RECURVE

50-54

GOLD G. Fountain 383-1x

55-59

GOLD Don De Leon 467-0x

BASKETBALL MEN



Commissioner: Jerry Sullivan

TEAM – 3 on 3

50-54

GOLD **GEORGIA BOYS**
Arnie Whitman
Tony Brizzolare
Don DeWolf
Warren Prehmus

SILVER **BACK IN THE DAY**

David Motts
Stan Brake
Lionel Boyce
Robert Mullins
Anthony Williams

BRONZE **OLD TOWN MEXICAN CAFE**

Michael Callahan
Joel Dorr
John Garwood
Dirk Oliver
Mike Perez
Randy Adams
Mike Davis
Jon Perry
Scott Herrod

4th **FIVE STAR** Lorenzo Blackman Craig Jacobson Drew Jorgenson Chuck Norris Ronnie Tulio

5th **KIRK'S TEAM** Scott Herron Dwayne Nordstrom Nelson Nurse Robert Silva Kirk Thompson

60-64 GOLD **CAPO 60** Kerry Fennell Gary Brown Darrell Cavanaugh Greg Danehauer Chuck Woolard

SILVER **LEROY'S PLATOON** Tony Ozbolt Michael Rainville Jack Peterson Ray Brown Chris Fox Louie Knifong

65-69 GOLD **OAKLAND'S FINEST** Robert Scotlan Ronald McMillan Roy McNeely Glen Waver Bill Kennedy Horace Williams Steve Fiske

SILVER **WILD CARDS** Bill Darnell Ronald Berry Robert Inbody Jerry Kenney Warren Schneider Hank Samaripa

BRONZE **GUNNIN' GEEZERS** Richard Paff Mike Bobik Mike Goodison Jere Ancell

70-74 GOLD **CAPO CLASSICS 70 WHITE** Art Zinkin Gary Bartle Steve Figura Veeder Smith

SILVER **KAL KATS** Fred DeSanto Al Richardson John Smerson Jim Dahlstrom Will Smith

BRONZE **CAPO CLASSICS 70 BLUE** Sid Danenhour Tom Brady Gene Freeman Chuck Rudel Bob Denk

4th **VAGABONDS** Al Steele Ray Anderson Ken Carmichael Brian Collins Norm Cruz Chuck Peterson Bob Trout

75-79 GOLD **USA 75** Bob Messersmith Conrad Bohnen Dick Messersmith Earnie Miller Glen Stanford Duf Sfreddo

2013 RESULTS

SILVER MISSION VALLEY 75

Jerry Sullivan
Howard Stalneck
Jacie Gouldock
Leon Howell
Jim Renner
Ray Schlador

80+

GOLD GOLDEN AZTECS

David Hall
Lee Tucker
Bill Henderson
Renato Ibarra
Jim Rickling
Ron Stadsklev

FREEthrows

50-54 Baskets

GOLD	Kirk Thompson	19/25
SILVER	Daniel Smith	18/25
BRONZE	Scott Herrod	12/25

55-59 Baskets

GOLD	Scott Mullen	21/25
SILVER	Ron Tulio	21/25
BRONZE	Rob Silva	21/25

60-64 Baskets

GOLD	Arnie Whitman	21/25
SILVER	Curtis Royall	17/25

65-69 Baskets

GOLD	Steve Fiske	24/25
SILVER	Chris Fox	17/25
SILVER	Michael Bobik	17/25
BRONZE	Mike Goodison	12/25

70-74 Baskets

GOLD	Art Zinkin	18/25
SILVER	Fred DeSanto	18/25
BRONZE	Wayman Johnson	16/25

75-79 Baskets

GOLD	Glen Stanford	20/25
SILVER	John Smerdon	16/25

80+ Baskets

GOLD	Bob Messersmith	17/25
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HOTSHOTS

50-55 Points

GOLD	Daniel Smith	49
SILVER	Rob Straugh	37
BRONZE	Scott Herrod	34

55-59 Points

GOLD	Ron Tulio	55
SILVER	Lou Grande	39
BRONZE	Rob Silva	34

60-64 Points

GOLD	Arnie Whitman	34
SILVER	Curtis Royall	25

65-69 Points

GOLD	Mike Goodison	41
SILVER	Steve Fiske	39
BRONZE	Michael Bobik	30

70-74 Points

GOLD	Wayman Johnson	30
SILVER	Fred DeSanto	33
BRONZE	Bob Trout	29

75-79 Points

GOLD	John Smerdon	28
SILVER	Glen Stanford	22

70-74 Points

GOLD	Bob Messersmith	34
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BASKETBALL WOMEN



Commissioner: Kirsten Cummings

TEAM – 3 on 3

40-44

GOLD San Diego SEABYRDS

Penny Moore
Paula Konoske
Laura Hennequin
Jane Emkes
Laurie Byrd
Diana Meredith

SILVER San Diego AVALANCHE

Denice Feldhaus
Linda Cord
Kirsten Cummings
Lisa Hamel
Dori O'Rourke

BRONZE The RED TEAM

Sylvia Maas
Wendy Taylor
Shannon Collins
Jackie Tonnaer
Dee Kitchen

4th Pasadena SHOOTERS

Marcella Nino
Kelly Helstrom
Carol Jue
Sandra Marbut
Marijke deVries-Maddy

5th LITTLE BEACHES

Loretta Ferguson
Rebecca Dreyer
April Rivera
Laura Vossman
Blanca Stoelting

50-54

GOLD MORE OLD BEACHES

Stephanie Sasaki
Michel Karas
Nan Fowler
Becky Kuhn
Leila Byron
Barbara Campbell

SILVER OLD BEACHES

Lisa Bassi
Lauren Simmons
Kimberly Nutter
Lauren Simmons
Cindy Pottle
Lori Donigan

BRONZE The A TEAM

Lori Powers
Shirin Mosavi-Nejad
Melissa Trickery
Suzanne Dickson
Alma Garcia
Johanna Fontenot

4th SUNS

Teri Neufeld
Liliana Gonzalez
Katherine Waldron
CJ Moloney
Sheri Vandeventer
Melody Anderson
Wendy Freed-Wilkerson
Cheryl Camp

55-59

GOLD

SWOOSH

Linda Zaniboni
Tina Taylor
Cindy Simonian
Desiree Hartvigsen
Sandy Tyahla
Cherri Gase
Vienna Kaiser

2013 RESULTS

SILVER LADIES of the COURT
 Teresa Roberts
 Marcia Jackson
 Shannon Woods
 Yaeko Sunada
 Jan Beverley
 Jan Shinn

SILVER NM FOXTROTTERS
 Ruth Madrid
 Judith Smith
 LouAnn Shafer
 Glynes Foster
 Virginia Rich



Commissioner: James Knott

BRONZE NM CANYON NETS
 Yvonne Mackel
 Karin Hawkins
 Ona Porter
 Vicky Dalby
 Elsie Barber
 Charlene Hernandez

BRONZE GREEN FLASH
 Marilyn Day
 Dorte Eichhorst
 Patty Lehr
 Fay Schwartz
 Sammie Montali
 Joyce Tucker

CHESS



MEN'S 70-74

GOLD Robert Brooke Eldridge

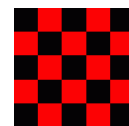
4th REAL OLD BEACHES
 Lori Reich
 Rosa Hernandez
 Laura Higgs
 Bea Mercado
 Annette Hadjimarkos
 Lindsay Tartre
 Joy Nabors

75-79
GOLD

San Diego CLASS ACT
 Gwen Bierly
 Fran Hays
 Marilyn Morell
 Marianne Hall
 Jean Sprunt

75-79
GOLD James Knott

CHECKERS



WOMEN'S 55-59

GOLD Maggie Roherty

60-64
GOLD TRIPLE THREAT
 Patricia Wlodarczyk
 Maggie Bower
 Lynn Bloom
 Jill Spitzer

80+
GOLD

San Diego SPLASH
 Grace Larsen
 Jean Field
 Marge Carl
 Cori Thomson
 Nina Duncan
 Fran Styles

65-69
GOLD Jane Gerber

SILVER San Diego SHAKERS
 Nancy Owen
 Rita Carsten
 Pat Bull
 Chris Elliott
 Carol Brownlee
 Vicky Gallagher

80-84
GOLD Beverly Roush

MEN'S 75-79

GOLD Jay Bishop

65-69
GOLD San Diego SUNS
 Cheryl Rogers
 Susanne Carvalho
 Joyce Karel
 Vonna Cummins
 Keri Gloyna
 Easty Law

BILLIARDS



Commissioner: J.R. Mitchell

8-BALL SINGLES-RACE TO 3

Results not Available

9-BALL SINGLES-RACE TO 3

Results not Available

SCOTCH DOUBLES

Results not Available

DOMINOES



No participation this year. Looking forward to competition in 2014.

CHINESE CHECKERS



WOMEN'S 65-69

GOLD Jane Gerber

70-74
GOLD The ZOO
 Donna Benson
 Marge Seybold
 Danine Ezell
 Lynnea Seidlinger
 Gerri Hahn
 Jeanne Herlihy

80-84
GOLD Beverly Roush

2013 RESULTS

MEN'S

60-64

GOLD Robert Zochowski

75-79

GOLD Jay Bishop
SILVER James Knott

SCRABBLE



WOMEN'S

65-69

GOLD Maryanne Piumatti
SILVER Jane Gerber

MEN'S

75-79

GOLD Jay Bishop

BOCCE BALL



Commissioner: Steve Fialko

WOMEN'S - SINGLES

55-59

GOLD Maggie Roherty

65-69

GOLD Jane Gerber

80-84

GOLD Beverly Roush

MEN'S - SINGLES

55-59

GOLD David Gerber

75-79

GOLD Jay Bishop

80-84

GOLD Pat Gangitano
SILVER Harry Pils

WOMEN'S - DOUBLES

65-69

GOLD Jane Gerber &
Beverly Roush

MEN'S - DOUBLES

55-59

GOLD David Gerber &
Jay Bishop

BOWLING



Commissioner: Andy Gagliano

WOMEN'S - SINGLES

50-54

GOLD Kelly Ferguson Series 356

60-64

GOLD Candice Dalton Series 526
SILVER Wendy Brown 525
BRONZE Karen Brookfield 513

65-69

GOLD Jane Gerber Series 358

70-74

GOLD Mel Leach Series 445

80-84

GOLD Harriet Pritchard Series 264

MEN'S - SINGLES

55-54

GOLD Ron Arellano Series 507
SILVER John Rowland 475
BRONZE Eddy Pierre Jerome 426

60-64

GOLD Richard Saul Series 587
SILVER Ken Lovci 509

65-69

GOLD Bruce Bradley Series 627
SILVER Charlie French III 580

70-74

GOLD George Beal Series 596
SILVER Jimmie Goodwin 513
BRONZE Brian Jones 410

75-79

GOLD John Stevenson Series 534
SILVER Kenneth Stone 494

80-84

GOLD Andy Gagliano Series 549
SILVER Britton Tresville 495
BRONZE George Hebert 485

90+

GOLD Willem Pieplenbos Series 441

WOMEN'S - DOUBLES

60-64

GOLD Mary O'Neill & Series
Candice Dalton 1121
SILVER Wendy Brown &
Karen Brookfield 981

MEN'S - DOUBLES

55-54

GOLD Ron Arellano & Series
Bruce Bradley 1068

60-64

GOLD Richard Saul & Series
George Beal 1148

65-69

GOLD Charlie French III & Series
Andy Gagliano 1077

70-74

GOLD Jimmie Goodwin & Series
George Hebert 1058
SILVER John Stevenson &
Robert Hudson 973

MIXED DOUBLES

50-54

GOLD Corrine Nakamura & Series
Jim Hill 833
SILVER Kelly Ferguson &
John Rowland 712

55-59

GOLD Mary O'Neill & Series
Ron Arellano 991
SILVER Jane Gerber &
David Gerber 655
BRONZE Maggie Roherty &
Jimmie Goodwin

60-64

GOLD Karen Brookfield & Series
Andy Gagliano 1098
SILVER May Bradley &
Bruce Bradley 981

65+

GOLD Candice Dalton & Series
Ken Lovci 1244

2013 RESULTS

CYCLING



Held in Long Beach by the Pasadena Senior Games in May, 2013.

FITNESS ACTIVITIES



Commissioner: Rico Caveglia

SUPER 8's – MEN'S

55-59

GOLD Jim Perkins

60-64

GOLD Curtis Royall

70-74

GOLD Noel Baggett
SILVER John Holbrook

80-84

GOLD Charles Kachadoorian

85-89

GOLD Fernando Steele

GOLF



Commissioner: John Klein

WOMEN'S

50-54

	Score
GOLD Corinne Nakamura	92

65-69

	Score
GOLD Gloria Wooten	98

70-74

	Score
GOLD Shirley Durnie	100
SILVER Helen Blackwood	101

MEN'S

50-54

	Score
GOLD Jim Hill	86
SILVER Ken Wood	94
BRONZE Pete Molnar	95

55-59

	Score
GOLD Scott Miller	76

60-64

	Score
GOLD Brian Magee	85
SILVER Joe Bianchi	85

65-69

	Score
GOLD Dennis Gjertson	87
SILVER Art Law	93
BRONZE Harold Russell	94
4 th Bob Rosaasen	95

70-74

	Score
GOLD Roland Bossenbroeck	80
SILVER Max Ricketts	88
BRONZE Gary Wooten	95
4 th Blaine Phipps	104

75-79

	Score
GOLD Eugene Bailey	94
SILVER Reginald Porter	102

CLOSEST TO THE PIN

Hole #4 – Gloria Wooten

Hole #9 – Ken Wood

Hole #12 – Brian Magee

Hole #18 – Art Law

Corinne Nakamura

HANDBALL



Commissioner: Mark Brown

MEN'S - SINGLES

65-69

GOLD Mark Brown
SILVER Brian Dempsey
BRONZE Bud Nelson

70-74

GOLD Al Edwards
SILVER Jim Alsup

75-79

GOLD Dave Barnett
SILVER D.D. Smith
BRONZE Jack Reagan

90+

GOLD Bruce Taylor

MEN'S - DOUBLES

65-69

GOLD Mark Brown & Bruce Taylor
GOLD Al Edwards & Brian Dempsey

70-74

GOLD Jim Alsup & Jack Reagan

75-79

GOLD Dave Barnett & D.D. Smith

HORSESHOES



Commissioner: Dave Aguilera

WOMEN'S - SINGLES

55-59

GOLD Maggie Roherty

60-64

GOLD Cris Bolton

65-69

GOLD Jane Gerber

80-84

GOLD Beverly Roush

MEN'S - SINGLES

55-59

GOLD David Gerber

60-64

GOLD Armando Lujan
SILVER Robert Zochowski

70-74

GOLD David Aguilera

2013 RESULTS

75-79
GOLD James Knott
SILVER Jay Bishop

85+
GOLD Everett Seaman

WOMEN'S - DOUBLES

55-59
GOLD Maggie Roherty &
Cris Bolton

65-69
GOLD Jane Gerber &
Beverly Roush

MEN'S - DOUBLES

60-64
GOLD Armando Lujan &
Robert Zochowski

70-74
GOLD David Aguilera &
Everett Seaman

75-79
GOLD Jay Bishop &
James Knott

LAWN-CATHLON

WOMEN'S

55-59
GOLD Maggie
Roherty

65-69
GOLD Jane Gerber

80-84
GOLD Beverly Roush

MEN'S

60-64
GOLD Robert Zochowski

75-79
GOLD Jay Bishop
SILVER James Knott



SILVER Michael Trent &
Gregory Childs
BRONZE Greg Swanson &
Dan Trubovitz

60-64
GOLD Steve Cohen &
David Scharfenberg

65-69
GOLD Curtis Cramer &
Len Sonnenberg

MIXED DOUBLES

45-49
GOLD Joy Paraiso-MacKenzie &
John Paraiso

50-54
GOLD Vickie Garner &
Curtis Cramer

60-64
GOLD Shanoa Pia &
Bruce Beare

PADDLEBALL



Commissioner: Len Sonnenberg

WOMEN'S - SINGLES

50-54
GOLD Vickie Garner

60-64
GOLD Shanoa Pia

MEN'S - DOUBLES

45-49
GOLD Tom Duran &
Joe Siemenowski

50-59
GOLD Rod Gibbons &
Ron Gilbert
GOLD Jamie Lawson &
John Falconer
SILVER David Ratynski &
Craig Olney

55-59
GOLD James Durst &
Michael Cheek
SILVER Curtis Bledsoe &
Camilo Santisteban

LAWN GAMES



Commissioner: Jim Knott

CORNHOLE



WOMEN'S

55-59
GOLD Maggie Roherty

65-69
GOLD Jane Gerber

80-84
GOLD Beverly Roush

MEN'S

60-64
GOLD Robert Zochowski

75-79
GOLD James Knott
SILVER Jay Bishop

PICKLEBALL



*Commissioners:
Dennis Dacey & Audrey Phillips*

WOMEN'S - SINGLES

50-54
GOLD Julie Boeger
SILVER Gayle Barnes

55-59
GOLD Kathy Roberts

60-64
GOLD Jane Porphir

65-69
GOLD Barb Wintroub

75-79
GOLD Lola Benneyan

MEN'S - SINGLES

50-54
GOLD Jeff Tanaka

2013 RESULTS

55-59

GOLD Ron Chang
SILVER William Propert

60-64

GOLD Nabil Merhi
SILVER Hubert Townsend
BRONZE Mike Corbett

65-69

GOLD Gregory Linnemeyer
SILVER Chris Thomas
BRONZE Jack Hodges

70-74

GOLD Bill Smith
SILVER Phil Dunmeyer
BRONZE Terry Streit

75 +

GOLD John Browning
SILVER Richard Creamer
BRONZE Dick Howell

WOMEN'S - DOUBLES

50-54

GOLD Julie Haney &
Julie Boeger
SILVER Barbara Jordan &
Karen Long
BRONZE Jackie Vohs &
Gayle Barnes

55-59 (Upper)

GOLD Janice Hobbs &
Terrey Trower
SILVER Olivia Yacukowicz &
Laurie Lavelle
BRONZE Charlene Saunders &
Debbie Church

55-59 (Lower)

GOLD Kathy Roberts &
Kris Hatcher
SILVER Cindy Crisp &
Trudie Stapleton
BRONZE Rosie Roper &
Leslie McGarvey

60-64

GOLD Jane Porphir &
Linda Gartlan
SILVER Audrey Phillips &
Jan Pasternak
BRONZE Sue Smith &
Dee Dee Jackson

65-69

GOLD Gail Dacey &
Nancy Sass
SILVER Gail Hoak &
Lin Filbin

70-74

GOLD Lola Benneyan &
Pat Carroll

MEN'S - DOUBLES

50-54

GOLD Michael Gates &
Jeff Stafford
SILVER Jeff Tanaka &
Tim Frazee
BRONZE Randy Alms &
Tony Brambila

55-59

GOLD William Propert &
Ron Chang
SILVER Dennis Dacey &
Rob Gartlan
BRONZE Jerry Louis &
Terry Long

60-64 (Lower)

GOLD Rick Bowen &
Bill Stansbury
SILVER Bill Gehret &
Chuck Metzger
BRONZE Rick Keen &
John Yacukowicz

60-64 (Upper)

GOLD Randy Narramore &
Mike Corbett
SILVER Nabil Merhi &
Hubert Townsend
BRONZE Joe Sirimarco &
Eric Womack

65-69

GOLD Gregory Linnemeyer &
Brian Jensen
SILVER Jack Hodges &
Tom Gunther
BRONZE Marc Rudich &
Bob Parigian

70-74 (Lower)

GOLD Terry Owens &
John Curb
SILVER Jay Meinhardt &
Ron Allevato
BRONZE Alfred Saucier &
Fred Dunfey

70-74 (Upper)

GOLD Terry Streit &
Phil Dunmeyer
SILVER Bill Smith &
Ronald Sandys
BRONZE Dick Howell &
Ron Holman

75-79

GOLD Frank Benneyan &
John Browning
SILVER Bruce Oja &
Richard Creamer

MIXED DOUBLES

50-54

GOLD Trudie Stapleton &
Michael Gates
SILVER Julie Haney &
William Propert
BRONZE Gayle Barnes &
Doug Koch

55-59 (Lower)

GOLD Leslie McGarvey &
Jerry Louis
SILVER Olivia Yacukowicz &
John Apgar
BRONZE Charlene Saunders &
Steve Dunney

55-59 (Upper)

GOLD Linda Gartlan &
Rob Gartlan
SILVER Sylvia Hostetler &
Brian Jensen
BRONZE Mary Barsaleau &
Jeff Stone

60-64

GOLD Jan Pasternak &
Nabil Mehri
SILVER Jane Porphir &
Joe Sirimarco
BRONZE Linda Sanford &
Hubert Townsend

2013 RESULTS

65-69 (Lower)

GOLD	Gail Hoak & John Wicklund
SILVER	Lin Filbin & Bill Stansbury
BRONZE	Milly Dunfey & Fred Dunfey

65-69 (Upper)

GOLD	Gail Dacey & Dennis Dacey
SILVER	Nancy Sass & Randy Narramore
BRONZE	Barbara Wintroub & Marc Rudich

70-74

GOLD	Pat Carroll & Phil Dunmeyer
SILVER	Margo Dragoo & John Browning

75-79

GOLD	Lola Benneyan & Frank Benneyan
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70-74

GOLD	Bruce Beare
SILVER	Len Sonnenberg
BRONZE	Robert Brooke Eldridge

75-79

GOLD	Carl Rydberg
SILVER	Eugene Bailey
BRONZE	Raymond Curtiss

80+

GOLD	Alex Mladineo
SILVER	Ken Whitcomb
BRONZE	William Kohler

85 +

GOLD	John Paulette
SILVER	Hank Schone

MEN'S - DOUBLES

55-59

GOLD	Jose Luis Islas & Joe Siemienowski
SILVER	Nick Bogam & Leonard Dover
SILVER	Eric Brinker & Victor Orozco
BRONZE	Lou Schmidt & Steve Horowitz

60-64

GOLD	Jim Bzovy & Brian Wofford
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70-74

GOLD	Bruce Beare & Carl Rydberg
SILVER	Gary Duffield & Len Sonnenberg

75-79

GOLD	Don Bradley & Micael Martella
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80+

GOLD	John Paulette & Ken Whitcomb
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ROAD RACE



Commissioner: Gary MacDonald

WOMEN'S - 5K WALK

50-54		Time
GOLD	Marieke Thayer	45:40

60-64		Time
GOLD	Marianne Hamilton	31:55

MEN'S - 5K WALK

60-64		Time
GOLD	Doug Hamilton	32:00

65-69		Time
GOLD	Paul Lawson	33:05

70-74		Time
GOLD	Steve Poppell	32:14

WOMEN'S - 5K RUN

50-54		Time
GOLD	Jean Murphy	28:54

55-59		Time
GOLD	Linda Powers	20:37

60-64		Time
GOLD	Robin Paine	22:46

MEN'S - 5K RUN

50-54		Time
GOLD	Andy Thatcher	20:21

55-59		Time
GOLD	David McLawhorn	21:35

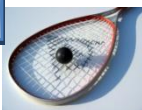
65-69		Time
GOLD	Hiroshi Moriyasu	23:57
SILVER	Phillip Warren	24:40
BRONZE	John Banda	25:34

70-74		Time
GOLD	Noel Baggett	26:15
SILVER	Brian Jones	31:11

75-79		Time
GOLD	Jerry Albert	27:57
SILVER	Herman Esquivel	30:32

80-84		Time
GOLD	Myron Hunt	39:59

RACQUETBALL



Commissioner: Len Sonnenberg

MEN'S - SINGLES

45-49

GOLD	Jimmy Vequez
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55-59

GOLD	Victor Orozco
SILVER	Robert Harton
BRONZE	Michael Donnelly

60-64

GOLD	Karl Cranford
SILVER	Eric Brinker
BRONZE	Gregory Swanson

65-69

GOLD	Coleman Meshack
SILVER	Bruce Cole
BRONZE	Thomas Devaney

2013 RESULTS

WOMEN'S – 10K WALK

50-54		Time
GOLD	Marieke Thayer	88:01

60-64		Time
GOLD	Marianne Hamilton	66:30
SILVER	Pam Amundson	88:00

MEN'S – 10K WALK

60-64		Time
GOLD	Doug Hamilton	68:00

65-69		Time
GOLD	Rick Campbell	60:41

WOMEN'S – 10K RUN

55-59		Time
GOLD	Linda Powers	42:52

60-64		Time
GOLD	Robin Paine	45:55

65-69		Time
GOLD	Theresa Skiles	55:43
SILVER	Jane Williams	60:00

MEN'S – 10K RUN

50-54		Time
GOLD	Andy Thatcher	42:27

60-64		Time
GOLD	Tom Paine	76:54

65-69		Time
GOLD	John Banda	53:25

75-79		Time
GOLD	Richard Williams	56:57

SHUFFLEBOARD



Commissioner: Jim Knott

WOMEN'S - SINGLES

55-59	
GOLD	Maggie Roherty

65-69	
GOLD	Jane Gerber

70-74	
GOLD	Lillian Davis

80 +	
GOLD	Marion Denison
SILVER	Beverly Roush

MEN'S - SINGLES

55-59	
GOLD	David Gerber

60-64	
GOLD	Robert Zochowski

75-79	
GOLD	James Knott
SILVER	Jay Bishop

80-84	
GOLD	Sherwin Wiersig

MEN'S - DOUBLES

75-79	
GOLD	Jim Knott & Jay Bishop

MIXED - DOUBLES

55-59	
GOLD	Jane Gerber & Dave Gerber
SILVER	Maggie Roherty & Robert Zochowski

SOCCER WOMEN



Commissioner: Susan Johnston

50-54

GOLD	ALLIANCE
Coach:	Valerie Wagner
	Cindy DeVor
	Kim Feely
	Karen Grady
	Andrea Harrington
	Brooks Holman
	Kelli Kaliszewski
	Jana Kelley
	Valerie Ianni
	Martha Lopez
	Nanette McKay
	Heidi Newman
	Leanne Petersen
	Giovanna Provenzano
	Terry Sholan
	Stacy Smith
	Christine Strode

SILVER **ULTIMATE GOAL**

Coach:	Vickii Alvarez
Assistant:	Janet Anderson
	Danielle Alexander
	Lucille Barajas
	Wendy Bracamonte
	Terry Brown
	Kelleen Caster
	Cathy Connor
	Robin Frates
	Lisa Martin
	Letty Medina
	Davida Raffa
	Renate Schmidt
	Jill Stein
	Sharon Wingate
	Ann Wolf

SHOOTING



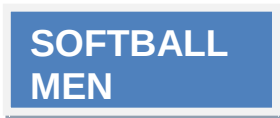
Commissioner: Rick Austin

Results unavailable

2013 RESULTS

BRONZE	XCEL Coach: Leslie Appel Assistant: Bill Richardson Barbara Campbell Cindy Cook Joni Dotson Danna Dye Coco Fabre Janet Federnuik Linda Franco Rosella Garcia Cindy Lail Ticia Murphy Cathy Simmons Maren Stenseth Denise Stillman Jonna Vaughn Lauren Winstead	Uli Rezaeamiri Indelisa Rivera Cynthia Rodriguez Linda Salas Joan Scott Peggy Sexton	4 th	PERPETUAL MOTION
			5 th	Santa Cruz UNITED VINTAGE
			6 th	ICE PACK
		60+ GOLD Coach:		PARTY 60's, FEELIN' FOOTLOOSE Debbie Coleman Rose Teutimez Carol Aleman Caren Brownlie Lynda Cahn Cecile Callahan Linda Cox Nellie Lelevier Cheri Monarch Debbie Ybarra
4 th	MISMATCHED			65+ GOLD Coach:
5 th	PURPLE HAZE - 50			STILL STANDING Jacqueline Burt Karen Brookfield Marsha Cabarra Kathleen Casanave Patch Donnellan Kathy Harvey Rosemarie Heldenbrand Darlene Hopkins Diane Lieberman Linda Lux Karen McClung Suzanne McKellar Joan Newton Janyce Nugent Kathleen Rahilly Patricia Storm Maureen Wagner Carol Watson Judi Works
6 th	GRASS STAINS	SILVER Coach: Assistant:		
55-59 GOLD Coach:	PURPLE HAZE - 55 Susan Johnston Patti Crane Cinda Dahl Lori Emerson Nancy Gackstetter Cecelia Glittenberg Deborah Hacker Wendy Montalvo Charlene Montalvo Deborah Mowry-Emison Marianne Polyascko Nicole Selby-Thomas Tina Zucker			
				SILVER
				STAYING ALIVE Lucille Bolduc Colette Caterina Jennifer Choctow Bonnie Clark Gail Cowan Kathleen Downer Janice Hellyer Jean Jarosz Ernestine Kodama Carol Murphy Cindy Palenske Sharon Runager Diane Temple Gabriel Waltemeyer Wendy Zwissler
SILVER Coach: Assistant:	GOAL DIGGERS Diane Lieberman Marge Kleinsmith Elaine Bailey Nancy Caine Joyce Davis Debra Gookin Rachel Hurst Kathy Lathrum Melody Lauderdale Elsa Martin Sarah Nash	BRONZE Coach: Assistant:		
				MOR SOCCER Sharon Runager Paula Hockster Anne Easton Patricia Henne Darlene Hopkins Judith Lohman Lupe Mahoney Susan Niemi Cindy Palenske Sally Perry Indelisa Rivera Linda Shepner

2013 RESULTS



Commissioners:
Gerry Greenhut & Judy Schmidt

50-54
GOLD

SoCal KNIGHTS

Dennis Cabana
Mike Calindrino
Eddie Caro
Tim Deering
Bill Delia
Adam Garcia
Charles Hopkins
Thomas Jenkins
Tom Lang
Rusty Lee
Craig Matthew
Greg Rojas
Marlowe Santos
John White

SILVER

TOP GUN THUNDER

Mark Aumann
Ed Cook
Cary Cube
Ed Darrow
Jerry Dunnam
John Failla
Jerry Johnson
Vincent Jolliff
Eric Mahler
Don Martin
Craig Peirson
Michael Rask
Bruce Vicker

BRONZE

TOP GUN 50's

Anderson Allamby
Rich Cruz
William Dodge
Mike Dooley
Roger Knobloch
Matthew Kraemer
Donnie Krampert
Patrick Lynch
Dan Olivas
Glen Stevenson
Kyle Swensen
Chuck Yaeger

55-59
GOLD

San Diego WARRIORS

Greg Cole
John Cole
Marty Hughes
Paul Lederman
Ben Maloney
Edward McAtee
Jim Palecek
Clyde Phillips
Richard Pratt
Steve Rubino
Ray Short
Al Underwood
Stephen VinCurek
Kelly Wheeler

SILVER

SILVER LIONS

Manny Acosta-Meza
Patrick Canney
Jack Carasco
Bob Fares
Bob Gordon
Ernie Malone
Dave Mix
William Moore
Frank Polese
Ron Schafer
Duke Shamu
Ruben Sotello
John Syktich
Ben Villanueva

BRONZE

**ALLIED GARDENS
SUNDAY**

Michael Collins
Henri Fernandes
Michael Fernandes
Mike Garcia
P. Chris Hughes
Clark Lampard
Kurtis McHale
Manuel Padilla
Michael Rohman
Stephen Schares
Ken Schell
Howard Williams, Jr.
Charlie Wolff

60-64
GOLD

San Diego SENIORS

Larry Bethune
Tim DiMasi
Gerald Fare
S. Anthony Ilacqua
David Larson
Rene Laroux
Robert Lincoln
Lyle Nielsen
Neil Olinger
Richard Parent
Michael Parker
Michael Rankin
James Trupp
Jerry Wilson

SILVER

DANA SENIORS

Jeffrey Alstot
Jeff Berman
Robert Brown
Jerry Calandro
Don Cook
Randy Evertson
Harry Field
Dave Hunt
Larry Isom
Jim Konrath
Paul Nettinga
Andy Perez
Steve Plate
Steve Robinson
Pat Roche
Richard Tapia
Richard Wolfe
Norman Young

BRONZE

DIE-HARDS

Howard Clark
Phil Forbes
Don Gibson
Steve Jankowski
Bill Jones
Tom Kremer
Tim Leachman
Chuck Mattes
George Meza
Jon Newell
Jeff Ropes
Steve Rosenbaum
Frank Sperling

2013 RESULTS

4th

AZTECAS

Ruben Ballon
Everado Cota
Manuel Flores
George Gutierrez
Juan Haro
Raymundo Herrera
Jose Llerenas
Javier Marcial
Javier Melendrez
Isidro Ochoa
Javier Ramirez
Jack Ritchie
Vince Talaro
Juan Terrazas

Jerry Nedra
Ginger Larsin
Sue Loversky
Donna McElrea
Deborah Ness
Sarah Scott

Linda Palmer
Barbara Smith
Susan Sozzi
Donna Tofft

SILVER

San Diego STARS

Nancy Allison
Kathe Beardsley
Teresa Brinsfield
Michelle Dean
Tani Duke
April Edwards
Carolyn Fisher
Donna Gagarin
Annette Gaudet
Crista Hubbard
Jennifer Muse
Kari Nilsen
Charlene Saunders
Deborah Schmidt

SILVER

SOL SISTERS

Karla Barraza
Karen Correa-Fowler
Julie Danzo
Frances Fernandez-Bir
Holly Guntermann
Dee Hickman
Jill Hinton
Janet McNamara
Teri Merickel
Nancy Moniger
Doreen Scherff
Joni Shirley
Lori Smith-Ward

70+

GOLD

TOP GUN 70

Bob Arganbright
Edwin Balingier
Rico Coronado
Dick Cummins
Ron Damschen
Walt Gibson
Joel Gleghorn
Paul Hamilton
Claude Hatton
John Ihrig
Paul Johnson
Ed Schutz
Bill Smith
Rich Verdugo
Richard Weber
Dick Williams

BRONZE

PHILLY's SLAMMERS

Diane Custer
Donna Dente
Diane Dougherty
Marla Edwards
Sharon Farrell
Inez Garibay
Linda Goegell
Daphne Hamilton
Lita Mercado
Julie Moe
Elaine Poirer
Claudia Reid
Nancy Ruiz
Kathy Showalter
Pam Trimble
Teri Von Achen

BRONZE

SKORMOR

Annette Bohn
June Cord
Sylvia Covarrubio
Yvonne Delk
Kathy Grant
Connie Kosloske
Gloria Meinhart
Marylee Mendel
Laurie Mills
Elie Mullan
Karen Osborn
Mary Lou Porter
Sylvia Rivera
Barbara Shanley
Teresa Spraggs
Karen Strickland
Phyllis Zabala

60+

GOLD

California EXPRESS

Edith Baie
Patricia Bowers
Conni Correa
Annie Gronau
Katheleen Hawk
Dorothy Johnson
Barbara Lang-Ruzic
Mary Letzio
Paula Lovsletten
Patty McCoy
Dianne Proffitt
Sylvia Salazar
Margaret Sievers
Connie Stonier
Lisa Taranto

**SOFTBALL
WOMEN**



Commissioner: Pat Kelly

Assistant: Pat Nikkel

50-54

GOLD

2nd WIND

Robin Aguirre
Audrey Andrade
Kristin Andreasen
Revone Bauwens
Debbie Bock
April Burt
Dede Grutz
Lois Hand
Vicki Hellrud

55-59

GOLD

LADIES CHOICE

Mildred Allen
Yvonne Arnold
Nadine Bonhomme
Kathryn Brady
Sue Cox
Cheryl Coyle
Jackie Diaz
Juanita Evans
Wonnie Frazier-Williams
Denette Grossman
Stephanie Hoffman
Ruth Little
Dana Malone
Carmelita Martinez

2013 RESULTS

SILVER California SPIRIT 60's

Betsy Borda
Sharon Delamater
Gerri Dole
Cheryl Harrington
Darlene Harriy
Linda Keehan
Pat Kelly
Cheryl Linendoll
Linda Mohrfeld
Catherine Nicholson
Janice Robson
Nancy Ruiz
Delores Watson
Kerrie Webb

BRONZE YE OLD BATS

Paula Ainsworth
Jan Anderson
Karen Bird
Janet Bixby
Karen Darnell
Marianne Lassigne-Vargas
Judith Leipold
Marilyn Minger
Lani Neer
Judith Packham
Joyce Patterson
Missy Patton
Sharon Rich
Linda Samson

SWIMMING
WOMEN



Commissioner: Kenton Jones

Women 50-54 50 Yard Free

1 Chin, Lily 52 0:41.17
2 McSparran, Mara 54 0:51.14

Women 50-54 100 Yard Free

1 Chin, Lily 52 1:30.56
2 McSparran, Mara 54 1:50.02

Women 50-54 500 Yard Free

1 Thayer, Marieke 52 6:55.22

Women 50-54 50 Yard Back

1 Chen, Lily 52 0:54.95

Women 50-54 100 Yard Back

1 Thayer, Marieke 52 1:31.24

Women 50-54 50 Yard Breast

1 McSparran, Mara 54 55.22

Women 50-54 100 Yard Breast

1 McSparran, Mara 54 2:00.82

Women 50-54 100 Yard IM

1 Thayer, Marieke 52 1:27.48

Women 55-59 50 Yard Free

1 Frankenberger, Leslie 58 34.23
2 Poncabare, Cathleen 59 55.56

Women 55-59 100 Yard Free

1 Fink, Marilyn 59 1:04.36
2 Frankenberger, Leslie 58 1:14.10

Women 55-59 200 Yard Free

1 Dolan-Lamar, Diana 55 2:31.00

Women 55-59 50 Yard Back

1 Fink, Marilyn 59 35.48

Women 55-59 100 Yard Back

1 Fink, Marilyn 59 1:16.53

Women 55-59 50 Yard Breast

1 Dolan-Lamar, Diana 55 39.50
2 Frankenberger, Leslie 58 44.00
3 Poncabare, Cathleen 59 1:01.08

Women 55-59 100 Yard Breast

1 Dolan-Lamar, Diana 55 1:27.52
2 Frankenberger, Leslie 58 1:36.72

Women 55-59 200 Yard Breast

1 Dolan-Lamar, Diana 55 3:10.49

Women 55-59 100 Yard IM

1 Frankenberger, Leslie 58 1:27.25

Women 55-59 200 Yard IM

1 Dolan-Lamar, Diana 55 2:58.30

Women 60-64 50 Yard Free

1 Raboin, Deborah 62 33.68
2 Cervantes, Linda 62 49.94
3 Amundson, Pamela 62 52.55

Women 60-64 100 Yard Free

1 Raboin, Deborah 62 1:19.23
2 Amundson, Pamela 62 1:57.80

Women 60-64 200 Yard Free

1 Amundson, Pamela 62 4:18.50

Women 60-64 500 Yard Free

1 Dunbar, Barbara 64 6:33.15
2 Amundson, Pamela 62 10:34.98
3 Cervantes, Linda 61 10:49.73

Women 60-64 50 Yard Back

1 Stengel, Alta F 63 41.42
2 Raboin, Deborah 62 46.47

Women 60-64 100 Yard Back

1 Stengel, Alta F 63 1:29.29

Women 60-64 200 Yard Back

1 Stengel, Alta F 63 3:13.44

Women 60-64 50 Yard Breast

1 Raboin, Deborah 62 42.79
2 Amundson, Pamela 62 1:03.05

Women 60-64 200 Yard Breast

1 Cervantes, Linda 62 6:59.41

Women 60-64 50 Yard Fly

1 Dunbar, Barbara G 64 35.45
2 Stengel, Alta F 63 41.33
3 Cervantes, Linda 62 1:11.67

Women 60-64 100 Yard Fly

1 Dunbar, Barbara G 64 1:17.92

Women 60-64 200 Yard Fly

1 Dunbar, Barbara G 64 3:01.04

Women 60-64 100 Yard IM

1 Raboin, Deborah 62 1:39.10
2 Cervantes, Linda 62 2:30.43

Women 60-64 400 Yard IM

1 Dunbar, Barbara 64 6:10.17

Women 65-69 50 Yard Free

1 Christensen, Mary 67 35.21
2 Francisco, Kathy 65 1:00.33
3 Stancil, W. Vivian 66 1:21.85

Women 65-69 100 Yard Free

1 Christensen, Mary 67 1:16.45
2 Francisco, Kathy 65 2:20.80
3 Stancil, W. Vivian 66 3:14.52

Women 65-69 200 Yard Free

1 Christensen, Mary 67 2:48.44

Women 65-69 500 Yard Free

1 Christensen, Mary 67 7:38.60

Women 65-69 50 Yard Back

1 Francisco, Kathy 65 1:22.47
2 Stancil, W. Vivian 66 1:59.46

Women 65-69 100 Yard Back

2 Stancil, W. Vivian 66 4:06.76

Women 65-69 50 Yard Breast

1 Stancil, W. Vivian 66 2:42.12
-- Francisco, Kathy 65 DQ

Women 70-74 50 Yard Free

1 Hillary, Cecilia 70 45.07
2 Valderhaug, Marlee 71 45.33

Women 70-74 200 Yard Free

1 Valderhaug, Marlee 71 3:35.07
2 Ramey, Marilyn 73 3:39.71

Women 70-74 500 Yard Free

1 Valderhaug, Marlee 71 9:48.88

Women 70-74 50 Yard Back

1 Valderhaug, Marlee 71 56.92

Women 70-74 100 Yard Back

1 Ramey, Marilyn 73 1:50.58

Women 70-74 50 Yard Breast

1 Ramey, Marilyn 73 54.07
2 Hillary, Cecilia 70 57.40
3 Valderhaug, Marlee 71 57.53

Women 70-74 100 Yard Breast

1 Hillary, Cecilia 70 2:05.86

Women 70-74 100 Yard IM

1 Ramey, Marilyn 73 1:47.39
2 Hillary, Cecilia 70 2:05.18

Women 70-74 400 Yard IM

1 Ramey, Marilyn 73 4:00.56
2 Hillary, Cecilia 70 4:41.82

Women 80-84 50 Yard Free

1 Wheatley, Diane 80 47.49
1 Brown, Mary 83 1:45.83

Women 80-84 100 Yard Free

1 Wheatley, Diane 80 1:46.62

Women 80-84 200 Yard Free

1 Wheatley, Diane 80 3:50.73

Women 80-84 50 Yard Back

1 Wheatley, Diane 80 57.51

Women 80-84 100 Yard Back

1 Brown, Mary 83 4:21.07

Women 80-84 200 Yard Back

1 Wheatley, Diane 80 4:38.15

2013 RESULTS

Women 85-89 50 Yard Free

1 Reed, Nancy 86 1:05.19

Women 85-89 100 Yard Free

1 Reed, Nancy 86 2:21.58

Women 85-89 200 Yard Free

1 Reed, Nancy 86 5:04.25

Women 85-89 500 Yard Free

1 Reed, Nancy 86 13:52.34

Women 85-89 50 Yard Back

1 Reed, Nancy 86 1:23.52

Women 95-99 50 Yard Free

1 Simonton, Rita 95 1:02.80

Women 95-99 100 Yard Free

1 Simonton, Rita 95 2:14.55

Women 95-99 200 Yard Free

1 Simonton, Rita 95 4:50.41

Women 95-99 500 Yard Free

1 Simonton, Rita 95 12:28.16

Women 95-99 50 Yard Back

1 Simonton, Rita 95 1:15.26

Women 95-99 100 Yard Back

1 Simonton, Rita 95 2:37.92

Women 95-99 200 Yard Back

1 Simonton, Rita 95 5:24.59

**SWIMMING
MEN**



Commissioner: Kenton Jones

Men 50-54 50 Yard Free

1 Dowell, Robert 51 25.43
2 Garcia, Raul 53 27.44
3 Harmon, Mark 54 30.41
4 Kennedy, Frank R 54 39.57

Men 50-54 100 Yard Free

1 Dowell, Robert 51 57.63
2 Garcia, Raul 53 1:02.45
3 Harmon, Mark 54 1:10.15
4 Kennedy, Frank R 54 1:28.42

Men 50-54 200 Yard Free

1 McGinley, Patrick 50 2:11.16
2 Garcia, Raul 53 2:24.32
3 Harmon, Mark 54 2:41.18
4 Kennedy, Frank R 54 3:28.23

Men 50-54 50 Yard Back

1 McGinley, Patrick 50 30.63

Men 50-54 100 Yard Back

1 McGinley, Patrick 50 1:07.34

Men 50-54 200 Yard Back

1 McGinley, Patrick 50 2:35.79

Men 50-54 50 Yard Breast

1 Vargas, Daniel 53 31.66
2 McGinley, Patrick 50 34.15
3 Kennedy, Frank R 54 50.33

Men 50-54 100 Yard Breast

1 Vargas, Daniel 53 1:10.04

Men 50-54 200 Yard Breast

1 Vargas, Daniel 53 2:34.56

Men 50-54 50 Yard Fly

1 Garcia, Raul 53 30.37

Men 50-54 200 Yard Fly

1 Vargas, Daniel 53 2:38.05

Men 50-54 100 Yard IM

1 Vargas, Daniel 53 1:06.41
2 Garcia, Raul 53 1:11.45
3 Kennedy, Frank R 54 1:43.36

Men 55-59 50 Yard Free

1 McCord, Greg 56 27.63
2 Torres, Carlos 59 29.29
3 Bishop, Kevin 58 29.89
4 Mulcahy, Sean 56 31.79
5 Webb, Christopher 59 33.07

Men 55-59 100 Yard Free

1 McCord, Greg 56 59.48
2 Webb, Christopher 59 1:03.92
3 Bishop, Kevin 58 1:04.45
4 Mulcahy, Sean 56 1:17.75

Men 55-59 200 Yard Free

1 McCord, Greg 56 2:08.70
2 Bishop, Kevin 58 2:25.27
3 Webb, Christopher 59 2:26.73
4 Jett, Darrell 55 2:39.81

Men 55-59 500 Yard Free

1 McCord, Greg 56 5:39.37
2 Webb, Christopher 59 6:32.17
3 Bishop, Kevin 58 6:32.38
4 Jett, Darrell 55 7:21.06

Men 55-59 50 Yard Back

1 Torres, Carlos 59 35.87
2 Jett, Darrell 55 36.06
3 McCord, Greg 56 36.22
4 Mulcahy, Sean 56 50.47

Men 55-59 100 Yard Back

1 Jett, Darrell 55 1:17.40
2 Mulcahy, Sean 56 1:58.47

Men 55-59 200 Yard Back

1 Jett, Darrell 55 3:03.74
-- Wong, Joe 58 DQ

Men 55-59 200 Yard Breast

1 Wong, Joe 58 4:13.34

Men 55-59 50 Yard Fly

1 Torres, Carlos 59 32.94

Men 60-64 50 Yard Free

1 Mench, Lee 60 25.60
2 Vernon, Jim 64 27.62
3 Duffield, Harry 63 28.02
4 Hlavka, Ronald 60 29.68
5 Tovey, Dane 63 30.99
6 Astudillo, Fabio 60 33.60

Men 60-64 100 Yard Free

1 Mench, Lee 60 55.82
2 Vernon, Jim 64 1:02.63
3 Duffield, Harry 63 1:03.32
4 Hlavka, Ronald 60 1:05.09
5 Tovey, Dane 63 1:11.97
6 Astudillo, Fabio 60 1:14.96
7 Samardzic, Predrag 62 1:21.09

Men 60-64 200 Yard Free

1 Mench, Lee 60 2:05.13
2 Hlavka, Ronald 60 2:31.11
3 Sicard, Federico 63 2:31.85
4 Duffield, Harry 63 2:32.38
5 Warren, David 61 3:05.68
6 Samardzic, Predrag 62 3:11.78

Men 60-64 500 Yard Free

1 Mench, Lee 60 5:38.19
2 Hlavka, Ronald 60 6:52.15
3 Warren, David 61 8:22.87
4 Samardzic, Predrag 62 8:49.19

Men 60-64 50 Yard Back

1 Viens, Paul 60 37.87
2 Tovey, Dane 63 39.37
3 Astudillo, Fabio 60 43.36
-- Samardzic, Predrag 62 DQ

Men 60-64 100 Yard Back

1 Tovey, Dane 63 1:27.69
2 Warren, David 61 1:52.93

Men 60-64 200 Yard Back

1 Warren, David 61 4:14.59

Men 60-64 50 Yard Breast

1 Vernon, Jim 64 35.16
2 Mench, Lee 60 36.46
3 Viens, Paul 60 40.56
4 Astudillo, Fabio 60 46.02

Men 60-64 100 Yard Breast

1 Viens, Paul 60 1:31.58
2 Sicard, Federico 63 1:35.71
3 Samardzic, Predrag 62 1:54.21

Men 60-64 200 Yard Breast

1 Sicard, Federico 63 3:29.95

Men 60-64 50 Yard Fly

1 Viens, Paul 60 36.76
2 Astudillo, Fabio 60 37.79

Men 60-64 100 Yard IM

1 Viens, Paul 60 1:20.50
2 Hlavka, Ronald 60 1:20.58
3 Sicard, Federico 63 1:26.82

Men 60-64 200 Yard IM

1 Sicard, Federico 63 3:13.30

Men 65-69 50 Yard Free

1 Anderson, Peter 69 27.22
2 O'Mara, Jerry 66 31.52
3 Carter, Fred 66 40.82

Men 65-69 100 Yard Free

1 Anderson, Peter 69 1:02.97
1 O'Mara, Jerry 66 1:11.45

Men 65-69 200 Yard Free

1 O'Mara, Jerry 66 2:40.93

Men 65-69 500 Yard Free

1 Greenberg, Henry 65 8:01.15

Men 65-69 50 Yard Back

1 Rhoads, Howard 69 34.11
2 Carter, Fred 66 48.75

Men 65-69 100 Yard Back

1 Rhoads, Howard 69 1:18.94
2 Carter, Fred 66 1:49.65

Men 65-69 50 Yard Breast

1 Anderson, Peter 69 33.14
2 O'Mara, Jerry 66 41.07

Men 65-69 100 Yard Breast

-- Anderson, Peter 69 DQ

2013 RESULTS

Men 65-69 200 Yard Breast

1 Greenberg, Henry 65 3:31.68

Men 65-69 50 Yard Fly

1 Greenberg, Henry 65 35.71
2 Carter, Fred 66 50.84

Men 65-69 100 Yard Fly

1 Greenberg, Henry 65 1:21.03

Men 65-69 100 Yard IM

1 Anderson, Peter 69 1:13.72
2 O'Mara, Jerry 66 1:24.44
3 Carter, Fred 66 1:49.99

Men 65-69 200 Yard IM

1 Greenberg, Henry 65 3:04.84

Men 70-74 50 Yard Free

1 Freshley, Mike 72 28.76
2 Johnson, Lloyd 73 34.43
3 Stewart, Jim 71 35.57
4 Owen, Barry 71 43.68

Men 70-74 100 Yard Free

1 Carey, George 70 1:09.44
2 Stewart, Jim 71 1:20.22
3 Webb, Douglas 73 1:38.35
4 Owen, Barry 71 1:41.16

Men 70-74 200 Yard Free

1 Carey, George 70 2:40.67

Men 70-74 500 Yard Free

1 Freshley, Mike 72 6:51.97
2 Carey, George 70 7:11.34
3 Webb, Douglas 73 11:34.80

Men 70-74 50 Yard Back

1 Freshley, Mike 72 36.09
2 Stewart, Jim 71 45.13
3 Jones, Brian 72 54.82
4 Webb, Douglas 73 55.40
5 Owen, Barry 71 57.68

Men 70-74 100 Yard Back

1 Carey, George 70 1:30.56
2 Stewart, Jim 71 1:36.54

Men 70-74 200 Yard Back

1 Stewart, Jim 71 3:30.02

Men 70-74 50 Yard Breast

1 Johnson, Lloyd 73 39.61
2 Jones, Brian 72 49.01
-- Owen, Barry 71 DQ

Men 70-74 100 Yard Breast

1 Freshley, Mike 71 1:23.69
2 Johnson, Lloyd 73 1:35.75
3 Jones, Brian 72 1:53.62

Men 70-74 200 Yard Breast

1 Johnson, Lloyd 73 3:40.97

Men 70-74 100 Yard IM

1 Carey, George 70 1:22.26

Men 70-74 200 Yard IM

1 Freshley, Mike 72 2:49.39

Men 75-79 50 Yard Free

1 McMeekin, Robert 78 48.16
2 McIntosh, Donald 77 1:16.66

Men 75-79 100 Yard Free

1 Houlgate, Laurence 75 1:19.95
2 McIntosh, Donald 77 2:58.38

Men 75-79 200 Yard Free

1 Houlgate, Laurence 75 3:09.08

Men 75-79 500 Yard Free

1 Hillary, Tom 77 11:27.59

Men 75-79 50 Yard Back

1 Hillary, Tom 77 1:06.71
2 McIntosh, Donald 77 1:41.91

Men 75-79 100 Yard Back

1 Hillary, Tom 77 2:29.35

Men 75-79 50 Yard Breast

1 Houlgate, Laurence 75 45.32
2 McMeekin, Robert 78 1:25.85
3 McIntosh, Donald 77 1:36.78

Men 75-79 100 Yard Breast

1 Houlgate, Laurence 75 1:42.39
2 McIntosh, Donald 77 4:16.72

Men 75-79 100 Yard IM

1 Houlgate, Laurence 75 1:35.18
2 Hillary, Tom 77 2:14.89

Men 75-79 200 Yard IM

1 Hillary, Tom 77 5:05.57

Men 80-84 50 Yard Free

1 Kachadoorian, C 82 39.97
2 Croshier, Mark 81 53.59

Men 80-84 100 Yard Free

3 Croshier, Mark 81 1:55.90

Men 80-84 200 Yard Free

1 Mitchell, Tom 80 3:19.52
2 Kachadoorian, C 82 4:07.10
3 Croshier, Mark 81 4:32.61

Men 80-84 500 Yard Free

1 Kachadoorian, C 82 11:25.46

Men 80-84 50 Yard Back

1 Hubach, Eric 80 45.34

Men 80-84 100 Yard Back

1 Hubach, Eric 80 1:40.57

Men 80-84 200 Yard Back

1 Hubach, Eric 80 3:31.28

Men 80-84 50 Yard Breast

1 Croshier, Mark 81 1:13.56

Men 80-84 100 Yard Breast

1 Mitchell, Tom 80 1:55.58

Men 80-84 200 Yard Breast

1 Hubach, Eric 80 4:03.52

Men 80-84 50 Yard Fly

1 Kachadoorian, C 82 53.71
2 Mitchell, Tom 80 56.43

Men 80-84 100 Yard IM

1 Hubach, Eric 80 1:41.63
1 Mitchell, Tom 80 1:44.19
2 Kachadoorian, C 82 2:01.80

Men 80-84 200 Yard IM

1 Mitchell, Tom 80 3:53.62

Men 85-89 50 Yard Free

1 Hubbard, Donald 86 37.05

Men 85-89 100 Yard Free

1 Hubbard, Donald 86 1:31.34

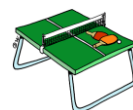
Men 85-89 500 Yard Free

1 Hubbard, Donald 86 9:48.71

Men 85-89 50 Yard Breast

1 Hubbard, Donald 86 59.07

TABLE TENNIS



Commissioner: James Kahn

WOMEN'S – NOVICE SINGLES

55-59

GOLD Alla Rabinovich

MEN'S – NOVICE SINGLES

65-69

GOLD Peter Margarita

70-74

GOLD John Anderson

75-79

GOLD Hansen Djavaheerian

80 +

GOLD Benjamin Read

WOMEN'S – RATED SINGLES

60-64

GOLD Shelley Hardy

MEN'S – RATED SINGLES

50-54

GOLD Pete Molnar

55-59

GOLD Leo Soldatenkov

60-64

GOLD Kamran Azimzadeh
SILVER Derrick Stockhausen

70-74

GOLD Bill Ukatatayasakul

75-79

GOLD Suresh Kanekar

MEN'S - DOUBLES

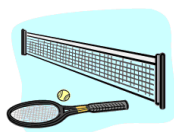
60-64

GOLD Bill Ukatatayasakul &
Kamran Azimzadeh

2013 RESULTS

MIXED DOUBLES

50-54	
GOLD	Alla Rabinovich & Pete Molnar
60-64	
GOLD	Shelly Hardy & Bill Ukatayasakul



Commissioner:
Barbara Gregorio

WOMEN'S - SINGLES

55-59	
GOLD	Vivian Marquez-Waller
60-64	
GOLD	Rory Tarantino
SILVER	Peggy Thomas
70-74	
GOLD	Edda Bohner

MEN'S - SINGLES

50-54	
GOLD	Michael Christian
55-59	
GOLD	Wing Joe
65-69	
GOLD	Martin Kruming
SILVER	Bruce Underhill
70-74	
GOLD	Michael Kaplan
SILVER	Art Zinkin
BRONZE	William Molina
75-79	
GOLD	Hansen Djavaheerian
SILVER	Reginald Rucoba
BRONZE	Carl Rydberg
80-84	
GOLD	Lee Miller

WOMEN'S - DOUBLES

50-59	
GOLD	Sherry Schoonmaker & Lauri Zavadil
55-59	
GOLD	Jennifer Ford & Laura Banta
70-74	
GOLD	Edda Bohner & Darlene Rounsville

MEN'S - DOUBLES

65-69	
GOLD	Lou Poanessa & Martin Kroming
70-74	
GOLD	Gerald McLaughlin & Hansen Djavaheerian

MIXED DOUBLES

50-59	
GOLD	Sue Dent & Dick Dent
GOLD	Vivian Marquez-Waller & David Waller
60-64	
GOLD	Margaret Mansell & Ennis Bibb
SILVER	Rory Tarantino & Bob Biddle
65-69	
GOLD	Ann Russ & Bob Durgan
80-84	
GOLD	Ladonna Nelson & Howard Nelson

TRACK & FIELD WOMEN



Commissioner:
Gary MacDonald

Women's 50-54 50 Meter Dash

1	Dent, Susan	53	8.40
2	Minchon, Michele	50	8.62

Women's 50-54 100 Meter Dash

1	Dent, Susan	53	15.96
2	Minchon, Michele	50	16.39

Women's 50-54 200 Meter Dash

1	Black, Jai	51	27.81
2	Hoffman, Debra	54	30.77
3	Dent, Susan	53	34.23
4	Minchon, Michele	50	36.54

Women's 50-54 400 Meter Dash

1	Black, Jai	51	1:03.39
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Women's 50-54 800 Meter Run

1	Hoffman, Debra	54	2:33.74
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Women's 50-54 Shot Put

1	Dent, Susan	53	26-03.00
2	Wallace, Barbara	54	23-10.00

Women's 50-54 Discus Throw

1	Wallace, Barbara	54	50-09
2	Dent, Susan	53	43-08

Women's 55-59 50 Meter Dash

1	Belfield, Suzan	56	7.78
2	Stone, Christine	59	11.77

Women's 55-59 100 Meter Dash

1	Belfield, Suzan	56	14.32
2	Rita Hanscom	59	14.66
3	Maxwell, Karen	55	15.59

Women's 55-59 200 Meter Dash

1	Maxwell, Karen	55	34.97
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Women's 55-59 400 Meter Dash

1	Maxwell, Karen	55	1:21.36
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Women's 55-59 800 Meter Run

1	Hinsch, Katherine	56	3:43.88
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Women's 55-59 1500 Meter Run

1	Powers, Linda	56	6:07.40
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Women's 55-59 80 Short Hurdles

1	Rita Hanscom	59	14.18
2	Maxwell, Karen	55	14.37

Women's 55-59 300 Long Hurdles

1	Maxwell, Karen	55	1:01.44
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Women's 55-59 High Jump

1	Rita Hanscom	59	4-03.25
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Women's 55-59 Shot Put

1	Dunton, Linn	57	32-09.75
2	Sanchez, Estrella	56	25-04.50

Women's 55-59 Discus Throw

1	Dunton, Linn	57	85-00
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Women's 55-59 Hammer Throw

1	Dunton, Linn	57	112-11
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Women's 55-59 Javelin Throw

1	Dunton, Linn	57	105-08
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2013 RESULTS

Women's 60-64 50 Meter Dash

1 Pat Kelly 63 8.95

Women's 60-64 100 Meter Dash

1 Pat Kelly 63 15.65

Women's 60-64 200 Meter Dash

1 Pat Kelly 63 37.87
2 Mims, Pat 62 40.06

Women's 60-64 400 Meter Dash

1 Pat Kelly 63 1:24.37

Women's 60-64 800 Meter Run

1 Mims, Pat 62 3:30.50

Women's 60-64 1500 Meter Run

1 Paine, Robin 63 6:25.29

Women's 65-69 50 Meter Dash

1 Lynn Naftel 69 8.98
2 Knight, Claire 68 9.22

Women's 65-69 100 Meter Dash

1 Lynn Naftel 69 17.38
2 Knight, Claire 68 17.54

Women's 65-69 200 Meter Dash

1 Lynn Naftel 69 38.29

Women's 65-69 1500 Meter Run

1 Skiles, Treasa 67 8:32.78

Women's 65-69 Discus Throw

1 Smoot, Helen 65 48-05

Women's 65-69 Javelin Throw

1 Smoot, Helen 65 53-10

Women's 75-79 800 Meter Dash

1 Gookin, Donna 77 5:03.01

Women's 85-89 50 Meter Dash

1 Styles, Frances D 86 14.26

Women's 85-89 100 Meter Dash

1 Styles, Frances D 86 30.04

Women's 85-89 200 Meter Dash

1 Styles, Frances D 86 1:08.68

Women's 85-89 Long Jump

1 Styles, Frances D 86 5-02.75

Women's 85-89 Triple Jump

1 Styles, Frances D 86 11-11.75

Men's 50-54 100 Meter Dash

1 Baker, Tommy 52 12.61
2 Chen, Chris 53 12.99
3 Griffiths, Bobby 54 13.59
4 Berry, Kettrell 51 14.18
5 Stone, William 51 14.65

Men's 50-54 200 Meter Dash

1 Foster, Robert 51 26.51
2 Griffiths, Bobby 54 29.75
3 Berry, Kettrell 51 30.78
4 Muro, Stephen 52 34.22

Men's 50-54 400 Meter Dash

1 Foster, Robert 51 57.44
2 Chen, Chris 53 57.69

Men's 50-54 800 Meter Run

1 Bogus, James 50 2:31.62
2 Palomo, Lawrence 52 3:04.33

Men's 50-54 3000 Meter Run

1 Bogus, James 50 10:50.86
2 Martinez, Stephen 52 12:08.09

Men's 50-54 100 Short Hurdles

1 Charles, Gregory 52 18.99

Men's 50-54 High Jump

1 Jones, Steve 50 5-07.00
1 Zarders, Mitchell 54 5-07.00
3 Palomo, Lawrence 52 4-05.00
-- Reeves, Roy 52 NH

Men's 50-54 Long Jump

1 Baker, Tommy 52 13-10.25
2 Reeves, Roy 52 13-09.50

Men's 50-54 Pole Vault

1 Kendall, Charles 50 12-10.25
2 Charles, Gregory 52 10-10.75

Men's 50-54 Shot Put

1 Reeves, Roy 52 35-06.50
2 Ashford, Fred 52 32-07.00
2 Maher, David 52 25-06.25

Men's 50-54 Discus Throw

1 Llamas, Thomas 53 122-09
1 Song, Kyong 51 109-00

Men's 50-54 Hammer Throw

1 Song, Kyong 51 72-09

Men's 50-54 Javelin Throw

1 Love, Richard 54 137-08
2 Shea, Michael 53 137-04
3 Maher, David 52 72-11

Men's 55-59 50 Meter Dash

1 Walker, Richard 59 7.34
2 McLawhorn, David 59 7.65
3 Pierre-Jerome, Eddy 57 8.17
4 Silva, Robert 56 8.80

Men's 55-59 100 Meter Dash

1 Chinn, James 55 12.44
2 Muehlbacher, Edward 55 12.92
3 Keetch, Robert 55 13.57
4 Walker, Richard 59 13.83
5 Love, Reginald 56 15.08
6 Pierre-Jerome, Eddy 57 16.21

Men's 55-59 200 Meter Dash

1 Chinn, James 55 25.26
2 Bernstein, David 56 29.57
3 Stone, Kenneth 59 29.97

Men's 55-59 400 Meter Dash

1 Bernstein, David 56 1:04.27

Men's 55-59 800 Meter Run

1 Bernstein, David 56 2:39.10
2 Albright, Tom 57 2:41.37

Men's 55-59 1500 Meter Run

1 Bernstein, David 56 5:29.75
2 Robinson, Carl 58 5:50.75

Men's 55-59 3000 Meter Run

1 Albright, Tom 57 11:33.31
2 Maddalena, Ron 57 11:55.29
3 Leonard, Kevin 55 16:07.31

Men's 55-59 100 Short Hurdles

1 McDaniels, Robert 56 17.07
1 Alston, Michael 56 28.48
1 Silva, Robert 56 29.98

Men's 55-59 400 Long Hurdles

1 Silva, Robert 56 2:15.34

Men's 55-59 High Jump

1 Foley, Thomas 55 5-07.00
2 Hlavin, Peter 55 5-05.00
3 Bentz, Kirk 59 4-07.00
4 Alston, Michael 56 3-09.25

Men's 55-59 Long Jump

1 Keetch, Robert 55 16-01.00
2 Bentz, Kirk 59 15-09.50
3 Villa, Dario 55 14-03.25
4 McLawhorn, David 59 13-10.50
5 Alston, Michael 56 13-01.25
6 Silva, Robert 56 12-06.50

Men's 55-59 Triple Jump

1 Bentz, Kirk 59 31-11.50
2 Keetch, Robert 55 29-08.75
3 McLawhorn, David 59 28-07.00

Men's 55-59 Pole Vault

1 Brown, Charles 57 12-04.50
2 Bentz, Kirk 59 10-10.75
3 Silva, Robert 56 4-06.00

Men's 55-59 Shot Put

1 Holden, Gregory 55 42-11.25
2 McGinnis, David 57 38-07.00
3 Wassner, Kevin 56 30-00.00
4 Vonk, Steve 59 29-11.25

Men's 55-59 Discus Throw

1 Kahrman, Turan 56 135-11
2 McGinnis, David 57 111.03
3 Holden, Gregory 55 110-07
4 McLawhorn, David 59 92-11
5 Vonk, Steve 59 89-07

Men's 55-59 Hammer Throw

1 Wassner, Kevin 56 64-10

Men's 55-59 Javelin Throw

1 McLawhorn, David 59 98-11
2 Wassner, Kevin 56 98-08

Men's 60-64 50 Meter Dash

1 Ruggless, Joe 60 7.32
2 Michon, Peter 62 7.74
3 Valentine, Jack 63 7.94
4 Mitchell, Dave 60 8.18

Men's 60-64 100 Meter Dash

1 Ruggless, Joe 60 13.11
2 Richardson, Rob 60 13.46
3 Michon, Peter 62 14.03
4 Valentine, Jack 62 14.67
5 Rinaldi, Angelo 64 16.07
6 Watson, Richard 61 18.32

Men's 60-64 200 Meter Dash

1 Richardson, Rob 60 27.68
1 Ruggless, Joe 60 27.68
2 Cheadle, Bill 60 29.41
3 Michon, Peter 62 29.70
4 Edwards, Jerome 60 30.84
5 Mitchell, Dave 60 32.90

TRACK & FIELD MEN



Commissioner:
Gary MacDonald

Men's 50-54 50 Meter Dash

1 Jordan, Glenn 51 6.92
2 Baker, Tommy 52 6.94
3 Chen, Chris 53 7.03
4 Berry, Kettrell 51 7.72
5 Stone, William 51 7.84
6 Muro, Stephen 52 7.97

2013 RESULTS

Men's 60-64 400 Meter Dash

1	Edwards, Jerome	60	1:07.87
2	Michon, Peter	62	1:09.31
2	Knight, Benjamin	63	1:12.30

Men's 60-64 800 Meter Run

1	Morris, Bob	61	2:31.85
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Men's 60-64 1500 Meter Run

1	Morris, Bob	61	5:13.96
2	Lassegard, Steve	61	5:44.85

Men's 60-64 3000 Meter Run

1	Pfeiffer, Rick	62	11:59.51
2	Lassegard, Steve	61	12:01.43
3	Siddons, Alan	62	14:03.18
4	Paine, Tom	63	16:50.30

Men's 60-64 300 Long Hurdles

1	Cheadle, Bill	60	51.36
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Men's 60-64 High Jump

1	Keller, Thomas	60	5-01.00
2	Little, John	63	4-11.00
3	Watson, Richard	61	4-05.00

Men's 60-64 Long Jump

1	Kuechle, John	62	16-08.75
2	Tomaschke, John	64	14-10.00

Men's 60-64 Triple Jump

1	Tomaschke, John	64	32-02.25
2	Richardson, Rob	60	31-05.50

Men's 60-64 Pole Vault

1	Burnett, Kevin	60	10-04.75
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Men's 60-64 Shot Put

1	Althouse, Gerald	61	42-05.50
2	Kirschenman, Ken	61	41-10.50
3	Rinaldi, Angelo	64	34-04.00
4	Watson, Richard	61	33-09.50

Men's 60-64 Discus Throw

1	Kirschenman, Ken	61	171-11
2	Comber, Richard	61	155-02
3	Bickers, Michael	62	138-10
4	Althouse, Gerald	61	126-06
5	Watson, Richard	61	116-08

Men's 60-64 Hammer Throw

1	Meyer, Thomas	62	138-08
2	Watson, Richard	61	127-05

Men's 60-64 Javelin Throw

1	Hamel, David	60	157-03
2	Watson, Richard	61	116-03
3	Valentine, Jack	62	89-06

Men's 65-69 50 Meter Dash

1	Quiles, Louis	66	7.85
2	Williams, Richard	67	9.11

Men's 65-69 100 Meter Dash

1	Quiles, Louis	66	14.45
2	Green, Barry	67	14.76
3	Battle, Leroy	65	15.92
4	Williams, Richard	67	16.46

Men's 65-69 200 Meter Dash

1	Quiles, Louis	66	31.24
2	Underhill, Bruce	69	32.23
3	Stuart, Joseph	65	34.60

Men's 65-69 400 Meter Dash

1	Underhill, Bruce	69	1:14.77
2	Stuart, Joseph	65	1:19.50
3	Banda, John	69	1:27.86

Men's 65-69 800 Meter Run

1	Bradley, Bruce	65	2:47.86
2	Doyle, Steve	65	2:57.25
3	Banda, John	69	3:44.14

Men's 65-69 1500 Meter Run

1	Bradley, Bruce	65	5:46.03
2	Doyle, Steve	65	5:56.72
3	Darlington, John	69	6:02.40
4	Banda, John	69	7:07.99

Men's 65-69 3000 Meter Run

1	Banda, John	69	15:55.57
2	Anderson, Geoffrey	65	17:19.81

Men's 65-69 High Jump

1	Rader, Charlie	65	5-01.00
2	Williams, Richard	67	3-09.25

Men's 65-69 Long Jump

1	Parry, Art	67	14-00.50
2	Mimm, Greg	65	13-06.25
3	Underhill, Bruce	69	13-02.75
4	Battle, Leroy	65	10-03.75

Men's 65-69 Triple Jump

1	Mimm, Greg	65	31-05.75
2	Parry, Art	67	28-06.25
3	Williams, Richard	67	24-07.00
4	Battle, Leroy	65	20-08.00
5	Underhill, Bruce	69	20-08.00

Men's 65-69 Pole Vault

1	Parry, Art	67	10-10.75
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Men's 65-69 Shot Put

1	Wisslead, William	65	37-11.25
2	Lammers, William	69	37-04.50
3	Jordan, Louis	68	36-08.50
4	Richardson, Robert	66	35-08.00
5	Partridge, James	65	33-00.50

Men's 65-69 Discus Throw

1	Richardson, Robert	66	123-11
2	Jordan, Louis	68	114-00
3	Lammers, William	69	102-00
4	Partridge, James	65	100-05

Men's 65-69 Hammer Throw

1	Jordan, Louis	68	127-06
2	Partridge, James	65	101-05

Men's 65-69 Javelin Throw

1	Partridge, James	65	97-09
2	Parry, Art	67	97-08

Men's 65-69 1500 Race Walk

1	Lawson, Paul	67	9:53.51
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Men's 70-74 50 Meter Dash

1	Muranaka, Ron	70	8.32
2	Mindell, Alan	72	8.36

Men's 70-74 100 Meter Dash

1	Mindell, Alan	72	16.68
2	Muranaka, Ron	70	16.20
3	Madigan, Mike	70	16.63
4	Jones, Eric	70	16.70

Men's 70-74 200 Meter Dash

1	Olson, Alan	71	32.16
2	Rider, Dennis	71	34.80

Men's 70-74 400 Meter Dash

1	Olson, Alan	71	1:11.49
2	Mindell, Alan	72	1:16.56
3	Jones, Eric	70	1:17.36
4	Wetterer, Keith	72	1:26.38

Men's 70-74 800 Meter Run

1	Wetterer, Keith	72	3:12.71
2	Jones, Eric	70	3:19.75

Men's 70-74 1500 Meter Run

1	Wetterer, Keith	72	6:18.40
2	Sanfilippo, Steven	71	6:18.78

Men's 70-74 3000 Meter Run

1	Wetterer, Keith	72	12:47.49
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Men's 70-74 Long Jump

1	Damschen, Ron	70	9-10.50
2	Baker, Kenneth	70	9-07.75
3	Jones, Eric	70	9-06.25

Men's 70-74 Triple Jump

1	Damschen, Ron	70	19-06.00
--	Rider, Dennis	71	FOUL

Men's 70-74 Pole Vault

1	Werne, Roger	70	7-11.25
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Men's 70-74 Shot Put

1	Barry, Lawrence	74	37-04.00
2	Miller, Brian	70	34-06.25
3	Baker, Kenneth	70	30-04.75
4	Damschen, Ron	70	27-11.50
5	Rider, Dennis	71	26-04.50

Men's 70-74 Discus Throw

1	Baker, Kenneth	70	106-04
2	Miller, Brian	70	101-03
3	Damschen, Ron	70	100-11
4	Barry, Lawrence	74	100-05
5	Hunt, Jerry	71	95-01

Men's 70-74 Javelin Throw

1	Barry, Lawrence	74	112-10
2	Damschen, Ron	70	97-02
3	Rider, Dennis	71	89-11
4	Baker, Kenneth	70	86-11

Men's 75-79 50 Meter Dash

1	Yates, Vern	75	8.13
2	Heinz, Lee	77	8.62
3	Yates, Vern	78	9.43
4	Lee, Leslie	79	12.96

Men's 75-79 100 Meter Dash

1	Thorpe, Karl	75	15.53
2	Eyer, Delos	77	16.88
3	Yates, Vern	78	17.47

Men's 75-79 200 Meter Dash

1	Thorpe, Karl	75	34.53
2	Paris, Patrick	79	37.01
3	Karas, Ed	78	58.92

Men's 75-79 400 Meter Dash

1	Yates, Vern	78	1:32.16
2	Esquibel, Herman	75	1:32.94
3	Rigg, Richard	78	1:47.24
4	Karas, Ed	78	2:08.20

Men's 75-79 800 Meter Run

1	Esquibel, Herman	75	3:59.40
2	Karas, Ed	78	4:49.77

Men's 75-79 1500 Meter Run

1	Karas, Ed	78	9:30.08
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Men's 75-79 3000 Meter Run

1	Esquibel, Herman	75	19:06.14
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Men's 75-79 100 Short Hurdles

1	Rigg, Richard	78	23.18
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Men's 75-79 300 Long Hurdles

1	Rigg, Richard	78	1:25.30
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Men's 75-79 Long Jump

1	Osborn, Paul	76	10-07.75
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Men's 75-79 Triple Jump

1	Osborn, Paul	76	20-09.25
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Men's 75-79 Shot Put

1	Wade, Ronald	77	30-09.75
2	Johnson, Richard	75	26-00.00

Men's 75-79 Discus Throw

1	Wade, Ronald	77	81-03
2	Johnson, Richard	75	78-09
3	Leon, Fernando	76	75-03

2013 RESULTS

Men's 75-79 Javelin Throw

1 Terauds, Juris	77	88-01
2 Leon, Fernando	76	73-03

Men's 80-84 50 Meter Dash

1 Lafranchi, Ted	80	9.26
2 McFetters, Douglas	81	9.42

Men's 80-84 100 Meter Dash

1 Lafranchi, Ted	80	17.79
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Men's 80-84 800 Meter Run

1 Gookin, Edwin	80	4:07.50
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Men's 80-84 Pole Vault

1 McFetters, Douglas	81	6-05.50
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Men's 80-84 Shot Put

1 Durkin, Noel	82	23-04.00
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Men's 80-84 Discus Throw

1 McFetters, Douglas	81	83-00
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Men's 80-84 Javelin Throw

1 Durkin, Noel	82	47-00
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Men's 85-89 50 Meter Dash

1 Selby, Jim	85	11.77
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Men's 85-89 100 Meter Dash

1 Selby, Jim	85	22.48
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Men's 85-89 200 Meter Dash

1 Selby, Jim	85	54.70
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Men's 85-89 Discus Throw

1 Held, Franklin	86	89-11
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Men's 85-89 Hammer Throw

1 Song, Kio	87	72-09
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BRONZE MARAUDERS

Andreas Mehrguth
John Nellans
Rest of Roster
Unavailable

55-59

GOLD

2B2J2m and a T

John Baker
Robert Blandenburg
Mike Cimmarrusti
Tom Hendricks
Mike Hunter
William Paznokas
Jai Picmo

60-64

GOLD

ROOFS

Victor Broski
Brad Brown
Michael Cram
Rick Evans
James Grace
Farid Karimi
Dan Macleary
Ken Rahn
Steve Seim

65+

GOLD

BEACH

Dwight Bean
John Cutright
Dennis Horn
Tony Menillo
Richard Selby
Robert Weber

SILVER CRABBY LADIES

Jen Deiley
Nalani DiGiovanni
Monica Gelbaum
Mary Kanotz
Kera Sander
Debbie Schumann

BRONZE MIKASA ES SU CASA

Lisa Barber
Hilary Gunsaulus
Megan Lacroix
Dorothy Maki
Laura McFarland
Tyree McLyn
Shannon Sneed
Lee Vasquez

35+ DIVISION B

GOLD

IMUA

Niff Conroy
Madeline Dodd
Lisa Dorn
Stephenie Huddleston
Thekla Keegan
Michelle Shepherd
Amie Wong

SILVER

HIT OR MISS

Bobbi Aspinall
Angela Barnes
Kimber Brust
Cyndi England
Ou Kelly
Amy Seidlinger
Barb Slawson
Lan Wiborg

BRONZE

CAN U DIG IT

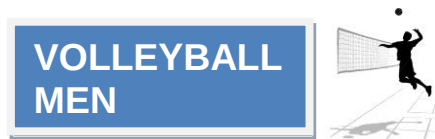
Shea Bescoter
Jane Boltz-Sandelman
Marie Bulato
Kristin Gulino
Penny Hornbuckle
Connie Pearson
Caitlin Ritchey

35+ DIVISION C

GOLD

MIXAGE

Susan Curtain
Cathy Dixon
Vicky Jones
Sonia Lukens
Juanita Penagos
Jeanne Marie Platter
Susan Tilkes



Commissioner: Steve Seim

50-54

GOLD

NITRO

Steve Ishihara
Craig Jameson
Dean Lauderdale
Luis Moreno
Abe Nabbout
Paul Nguyen
Joel Rodgers
Tom Tran

SILVER

BEAR CATS

Ed Chan
Dennis McGrath
Bill Murray
Bob O'Brien
Dave Pekin
Don Phin
Toby Russell



Commissioner: Vicky Jones

35+ DIVISION A

GOLD

San Diego BEACHES

Kathy Denos
Kim Goodwin
Judy Hissong
Lisa Mealer-Burke
Lara Ramey
Ann Schirman
Sue Snyder

2013 RESULTS

SILVER WILD THINGS
Lynette Gavin
Clare Gayon
Shelly Hart
Peggy Peloquin
Karen Schaeffer
Abbie Stevens

SILVER OLD LADY VOLLEYBALLERS
Susan Curtain
Vicky Jones
Sonia Lukens
Elaine Mitchell
Jeanne Marie Platter

WHEELCHAIR DANCING

Commissioner:
Joe Torres

BRONZE VOLLEY MOMS
Heather Drake
Sharon McTigue
Alyson Pernecky
Kelly Rouse
Carrie Saks
Camille Spina
Carol Watkins

BRONZE GET IT UP
Marion Anderson
Cheryl Belletto
Barb Decker
Dorie Kimura
Marilyn Klausner
Debbie Maras



Dancing Partners

50-54 GOLD CALIZONA
Jane Clancy
Patty Clarey
Karen Doane
Lisa Heck
Kelly Jacobs
Barbara Norbut

60+ GOLD CARPE DIEM
Dianne Carroll
Brenda Gleason
Karen Benson
Cheryl Knight
Mary Pipkin
Robbie Stuart

David Juare and Sheri Malvestuto

Alisa Shuman and Al Weinberger

Rosa Medina and Takumi Usada

Jessica Campos and Marcus Miranda

Bill Bodry and Charlene Penner

Joanna Capstack and Amy Griffin

Wanda Chenier and Larry Hall

SILVER CA THIRD DEGREE
Sandra Cooper
Sandy Hutchinson
Alexandrina Jagers
Stace Lawson
Lori Vellutato
Lori Williamson

SILVER FRIENDS
Penny Bottomly
Sue Broadston
Karla Johnson
Mary Pipkin
Patty Riddle
Diana Riley
Martha Seliska

BRONZE SIX PISTOLS
Josie Crispen
Allan Jean
Nancy King
Cynthia Martin
Cuc Shaeffer
Lisa Ybarra

BRONZE SERV-ACES
Karen Brassfield
Vickie Christensen
Cynthia Droeger
Linda Hauxhurst
Pati Kent
Jan Leatherman
Sally Penland

55-59 GOLD DIG IT
Marina Cohen
Jill Harris
Kumi Hirayama
Mari Passantino
Nanette Pratini
Lisa White
Bridget Youngdale



2014 California Senior Games Calendar

February 6 - 9, 2014

Palm Desert International Sports Festival and Senior Games

Phone: 760-541-4184

Contact: Brenda Nutter,

Email: BNutter@DRD.us.com

Website: www.myRECREATIONdistrict.com

March 8th and 9th (Cross Country Events)

March 15th and 16th (Down Hill Events)

Fourth Annual California Senior Olympic Winter Games at Bear Valley, CA

Contact: Ashley Moore

Email: ashleyh@bearvalley.com

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Bear Valley Resorts

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Bear Valley, CA 95223

Phone: 209-753-2301 ext 121

Fax: 209-753-6421

Website: www.bearvalley.com

May 4 - May 18, 2014

Bay Area Senior Games

Contact: Anne Warner Cribbs, Director

Email: info@bayareaseeniorgames.org

Phone: 650.323.9400

Website: www.bayareaseeniorgames.org

May 30 - June 8, 2013

Sonoma Wine Country Games

Contact: Leigh Galten

Email: lgalten@councilonaging.com

Phone: 707-525-0143 X121

Council on Aging

30 Kawana Springs Rd

Santa Rosa, CA 95400

Website: www.winecountrygames.com

May 30 - June 29, 2014, 2014

Pasadena Senior Games

Contact: Cynthia Rosedale, Coordinator

Email: CynthiaR@pasadenaseniorcenter.org

Phone: 626.685.6754

Website: www.pasadenaseniorcenter.org

August 22 - September 28, 2014

San Diego Senior Olympics and California State Senior Games Championships

2014 California Senior Games State

Championships Information

Contact: Karen Brookfield, Games Commissioner

Email: Karen@sdseniorgames.org

Phone: 858.292.5812

Email: info@sdseniorgames.org

Website: www.sdseniorgames.org

**This is the official Qualifying Site for the 2015 Summer National Senior Games

November 8 - November 11, 2014

Second Chance Qualifying Sites for 2015 Summer National Senior Games. For events and locations, see www.bayareaseeniorgames.org for more information or contact acribbs@basoc.org. Games will be held at locations in the San Francisco Bay Area and the Wine Country. Participants are encouraged to compete in the CA State Championships in San Diego in September first; and use these Games as a "second chance" to qualify for the Nationals.



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800-959-7010
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wesleypalms.org



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SAN DIEGO SENIOR OLYMPICS



Date: _____

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Please PRINT clearly:

First Name: _____ Last Name: _____ MI: _____

Address: _____ APT#: _____

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Email: _____ Gender: _____ Male _____ Female

Agency Group/Club: _____ T-Shirt Size: _____

Interest: (PLEASE CHECK ALL THAT APPLY)

☐ Participate in games	☐ Marketing	☐ Sponsor an Event
☐ Help organize an Event	☐ Computer Work/Skills	☐ Donate a Prize
☐ Medical Volunteer	☐ Help with Luncheons	☐ Be A Board Member
☐ Photo/Video Work	☐ Clerical/Phone Skills	☐ General Office Work
☐ Help with Certain Sport _____		

Other Areas of Interest / Suggestions:

How did you hear about us?

Contact: Office 619-292-5812 Email: karenb@sdseniorgames.org Website: <http://sdseniorgames.org>

SDSGA - attn: volunteer
4740 Murphy Canyon Road #200
San Diego CA 92123

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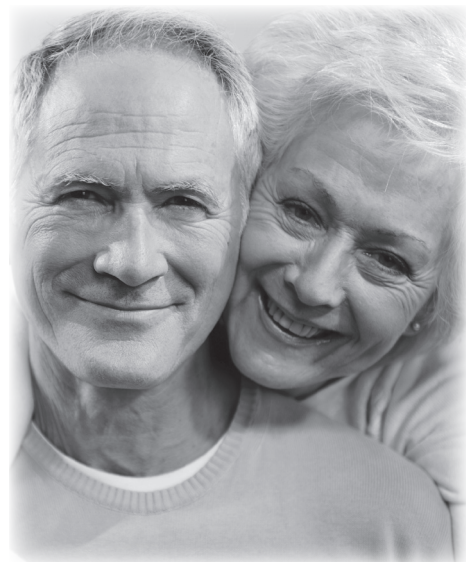
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MISSION STATEMENT

The San Diego Senior Games Association (SDSGA) is a California non-profit corporation committed to encouraging adults, age 50 and over, to carry on vigorous lives by developing and maintaining adequate personal physical fitness through regular participation in recreational activities, sports, physical fitness activities and educational programs.



San Diego Senior Games Association
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